

TITAN TALK

11TH FORCE SUPPORT SQUADRON | JBABFSS.COM | JUNE 2026

GRAND OPENING OF THE TIKI BAR
5 JUNE

MFRC OUTDOOR MOVIE NIGHT
12 JUNE

FATHER'S DAY BOWLING
20 JUNE

SUMMER READING PROGRAM
22 JUNE



TITAN FACILITY DIRECTORY

AEROBICS CENTER

BLDG 38 | 202.284.3141

MONDAY - FRIDAY: 5 AM - 6 PM

BOLLING EVENT CENTER

BLDG 50 | 202.284.3990

TUESDAY - FRIDAY: 8 AM - 4:30 PM

CAPITAL COVE MARINA

BLDG 90 | 202.284.3104

TUESDAY - SATURDAY: 9 AM - 6 PM

CHILD DEVELOPMENT CENTER I

BLDG 4456 | 202.284.4828

MONDAY - FRIDAY: 6 AM - 6 PM

CHILD DEVELOPMENT CENTER II

BLDG 4455 | 202.284.4208

MONDAY - FRIDAY: 6 AM - 6 PM

CHILD DEVELOPMENT CENTER III

BLDG 413 | 202.284.4814/4815

MONDAY - FRIDAY: 6 AM - 6 PM

CIVILIAN PERSONNEL OFFICE

BLDG 12 | APF 202.284.4202 | NAF 202.284.4446

MONDAY - FRIDAY: 9 AM - 3 PM

EDUCATION & TRAINING CENTER

BLDG 52 | 202.284.4438

MONDAY - THURSDAY: 9 AM - 2 PM

ENGRAVING SHOP

BLDG 4472 | 202.404.6997

TUESDAY - CLOSED

WEDNESDAY: 10 AM - 4 PM

THURSDAY: 10 AM - 5 PM

FITNESS CENTER I

BLDG 15 | 202.284.3034

MONDAY - FRIDAY: 5 AM - 8 PM

SATURDAY - SUNDAY: 7 AM - 3 PM

GET 24/7 ACCESS TO:

- CARDIO MACHINES*

- FREE WEIGHTS*

- WEIGHT MACHINES

- BASKETBALL COURT

- RESTROOMS*

* AVAILABLE AT BOTH FITNESS CENTER I & II

REGISTER NOW, IN-PERSON, AT FITNESS CENTER I & II

FITNESS CENTER II

BLDG 419 | 202.284.3183

24/7 ACCESS ONLY

REGISTER FOR ACCESS ON

TUESDAY & THURSDAY: 11 AM - 1 PM

INFORMATION, TICKETS & TRAVEL

BLDG 928 | 202.284.3108

TUESDAY - SATURDAY: 9 AM - 6 PM

JOINT RECREATION & INNOVATION CENTER

BLDG 72 | 202.284.3900

MONDAY & TUESDAY: 11 AM - 4 PM

WEDNESDAY-FRIDAY: 11 AM - 6 PM

SATURDAY 12 - 6 PM

LIBRARY

BLDG 4439 | 202.284.4703

MONDAY - THURSDAY: 9 AM - 6 PM

FRIDAY: 10 AM - 7 PM | SATURDAY: 12 - 5 PM

MAGDALENE'S CUSTOM FRAMING

BLDG 4472 | 202.767.8560

TUESDAY - FRIDAY: 10 AM - 5 PM

SATURDAYS: 10 AM - 4 PM

MILITARY & FAMILY READINESS CENTER

BLDG 13 | 202.284.4473

MONDAY - FRIDAY: 7:30 AM - 4 PM

APPOINTMENTS ONLY 3 - 4 PM

CLOSED EVERY 3RD WEDNESDAY FROM 12 - 4 PM

MILITARY PERSONNEL FLIGHT

BLDG 16 | 202.284.3123

MONDAY - FRIDAY: 8 - 11 AM & 1 - 3:30 PM

CLOSES FOR TRAINING AT 11 AM, 1ST & 3RD WEDNESDAYS

OUTDOOR RECREATION

BLDG 928 | 202.284.3104

TUESDAY - SATURDAY: 9 AM - 6 PM

POOL

BLDG 52 | 202.284.3129

LAP SWIM: TUESDAY - FRIDAY: 6 AM - 11 AM

SATURDAY & SUNDAY: 9 AM - 11 AM

OPEN SWIM: TUESDAY-SUNDAY: 12 - 7:30 PM

CLOSED ON MONDAYS UNLESS IT FALLS ON A FEDERAL HOLIDAY

POTOMAC LANES BOWLING CENTER

BLDG 1310 | 202.284.4115

MONDAY - FRIDAY: 11 AM - 4 PM

SATURDAY: 12 - 5 PM

OPEN FOR SUMMER LEAGUES AFTER 7 PM

KITCHEN CLOSING 30 MINUTES PRIOR TO CLOSING

SLIP INN WATERFRONT RESTAURANT

BLDG 2482 | 202.284.3774

TUESDAY - THURSDAY: 11 AM - 7:30 PM

FRIDAY: 11 AM - 8:30 PM

SATURDAY: 12 - 6 PM

KITCHEN CLOSING 30 MINUTES PRIOR TO CLOSING

YOUTH CENTER

BLDG 4485 | 202.284.3193

MONDAY - FRIDAY: 6 AM - 6 PM

11TH FORCE SUPPORT SQUADRON

COMMANDER

MAJ SAMANTHA DAVIES

FIRST SERGEANT

MSGT GREGORY CARTER

MARKETING & COMMERCIAL

SPONSORSHIP

202.284.3043

SENIOR ENLISTED LEADER

CMSGT ASHLEY GRAHAM





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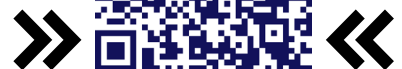
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YOUTH CENTER

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MILITARY & FAMILY SUPPORT

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GET THIS NEWSLETTER DELIVERED TO YOUR INBOX!
SCAN HERE TO SIGN UP

ATLAS ANNOUNCEMENTS



Proud to Have Served Maj Samantha Davies 11FSS/CC

As I prepare to hand over the guidon and close out my time as Commander of the 11th Force Support Squadron, I find myself reflecting on what an extraordinary privilege it has been to serve this community. Leading the Titans has been one of the most rewarding chapters of my career, not because of the programs we ran or the facilities we improved, but because of the people who brought this squadron to life every single day.

Over these past 2 years, I have watched our team rise to every challenge with grit, humor, and a level of heart that cannot be taught. Whether we were navigating national events, responding to the unexpected (and let us be honest, FSS always gets more than its fair share of unexpected), or celebrating the milestones that make this base feel like home, you showed up with professionalism and joy. You made the mission happen, and you made it look effortless, even when we all knew it was not.

I have also been deeply moved by the families, retirees, and community members who make JBAB such a vibrant place to serve. Your engagement, your feedback, and your willingness to partner with us helped shape programs that truly reflect the needs of this installation. Thank you for trusting us, challenging us, and cheering us on.

As I transition to my next role, I am not disappearing, just shifting seats. You will still see me around the Air Force, probably still talking too fast, still championing people first solutions, and still bragging about FSS being the best squadron.

To the squadron, thank you for your dedication, your creativity, your resilience, and your laughter. You made every long day worth it. To our customers and partners, thank you for letting us serve you. It has been an honor to support your readiness, your families, and your quality of life.

I leave this position with a full heart, immense pride, and absolute confidence that the 11 FSS will continue to soar. Keep taking care of each other, and I will see you around.

UPCOMING 11 FSS EVENTS

READY ...SET ...SUMMER!

**4
JUN**

TINY TOTS PLAY TIME

9:30 - 11AM • JBAB Splash Pad • Visit [timetap](#) to register • Check Facebook for weather updates

**5
JUN**

GRAND OPENING OF THE TIKI BAR

Slip Inn • 5 - 7PM • w/ DJ Chris, BBQ Special, Drink Specials, & More!

**6
JUN**

SUMMER SINGLES TENNIS TOURNAMENT

3036 Arnold Ave SW • 10AM • Register at [quickscores.com/jbab](#)

**12
JUN**

MFRC PWL OUTDOOR MOVIE NIGHT

Outside MFRC Building, 13 • Doors Open: 7PM, Movie Starts: 7:15PM • Register at MFRC

**13
JUN**

ODR HIRSHHORN MUSEUM TRIP

JBAB ODR • 9AM - 4:30PM • \$10 per person, there and back transportation • Register at JBAB ODR

**13
JUN**

SUMMER JAM 3v3 BASKETBALL

Fitness Center 1 • 9AM • Register at [quickscores.com/jbab](#)

**17
JUN**

DUNKIN FOR DADS

MFRC 118 Brookley Ave SW Bldg 13 • 8 - 10 AM • FREE • Open to all dad's on JBAB

**20
JUN**

FATHER'S DAY BOWLING

Potomac Lanes • 1 - 5PM • Enjoy 2 hours of unlimited bowling + shoe rentals!

**26
JUN**

SENIOR STRIKE DAY GRADUATION PARTY

Potomac Lanes • 1 - 5PM • \$20 for 2 hours of unlimited bowling + shoe rentals • Bring your diploma!

**27
JUN**

ULTIMATE FRISBEE TOURNAMENT

JBAB Track & Turf Field • 9AM • Register at [quickscores.com/jbab](#)

**27
JUN**

SCHOOL'S OUT COSMIC BOWLING

Potomac Lanes • 8:30 - 11:30PM • \$20 MIL and \$25 CIVS • Includes 3 hours of bowling + shoes

**29
JUN**

YOUTH CENTER DIGITAL ARTS CAMP

JBAB Youth Center • June 29 - July 3 • \$60 • Ages 5-18 • Sign up at JBAB Youth Center

**29
JUN**

YOUTH CENTER BACK TO SCHOOL DRIVE

JBAB Youth Center • June 1 - August 1 • Drop off @ Youth Center • School Supplies & Backpacks needed



Details & Registration
for all events at
JBABFSS.COM



YOUTH CENTER

TEEN EVENTS JUNE 2026



JUNE 5 & 22 **TORCH CLUB** 5 - 6 PM

JUNE 5 & 12 **KEYSTONE CLUB** 6 - 6:30 PM

JUNE 5 & 12 **TEEN COUNCIL** 6:30 - 7 PM

JUN 1 - AUG 3 **BACKPACK & SCHOOL SUPPLY DRIVE**

JBAB Youth Center Torch/Keystone Clubs will be hosting a backpack and school supply drive. Please feel free to come in and drop off your donations. We are asking for: Backpacks, pencils, binders, crayons, glue, erasers, rules, tissues, notebooks, hand sanitizers, scissors, & pens. All donated items will be delivered to a local school in the Washington, DC area. For more information please call the Youth Center: 202-284-3191

**TO REGISTER & FOR MORE INFORMATION
CALL THE YOUTH CENTER
202-284-3193**



JBAB YOUTH CENTER/KEYSTONE CLUBS

BACKPACK & SCHOOL SUPPLY DRIVE

Donations accepted **June 1st - August 3rd**
Drop off at **JBAB Youth Center**
5488 Langley Way SW, Washington, DC 20032

Supplies needed:

Backpacks, Pencils, Binders, Crayons, Glue, Erasers, Rulers, Notebooks, Hand Sanitizers, Scissors, & Pens.

All donated items will be delivered to a local school in the Washington DC area



202-284-3191



YOUTH FOOTBALL

MILITARY YOUTH FOOTBALL clinic

JOINT BASE ANACOSTIA BOLLING
JBAB TRACK AND FIELD

June 6, 2026
10:00 AM - 12:00 PM

What to Expect:

- Professional Coaching
- Skill Development
- Team Building

Who Can Join:

- Youth ages 6-14
- All skill levels welcome

What to bring:

- Athletic clothing
- Cleats
- Water bottle

Limited to 175 participants

MUST HAVE BASE ACCESS TO PARTICIPATE

Special Appearances by:

- Major Tuddy
- Command Force
- Commanders Legend

Register Here:



The Department of the Air Force does not officially endorse any company, sponsor, or their products or services

CHILD AND YOUTH PROGRAMS

JBAB YOUTH CENTER ROLLING REGISTRATION

\$60 PER MONTH

TAEKWONDO

WEDNESDAY 6 - 7 PM
SATURDAY 11 AM - NOON
YOUTH CENTER

REGISTER ONLINE
parent.afcyp.com
202.284.3193



11th FSS DEPARTMENT OF THE AIR FORCE CYF CHILD AND YOUTH PROGRAMS



JBAB YOUTH CENTER


\$75/mo

DANCE & GYMNASTICS CLASSES

Tuesdays
Pre-Ballet/Tap: Ages 3-6 6 PM
Ballet/Tap: Ages 7-11 7 PM
Jazz/Tap: Ages 12+ 7 or 8 PM

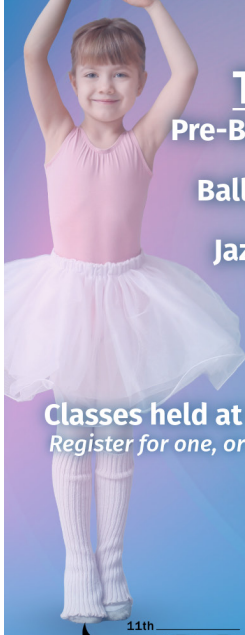
Thursdays
Tumbling: Ages 3-6 6 PM
Gymnastics I: Ages 7-11 7 PM
Gymnastics II: Ages 12+ 8 PM

Classes held at the JBAB Youth Center
Register for one, or multiple months! Join any time!



Register Online @ parent.afcyp.com

11th FSS 202.284.3191 202.284.3193 DEPARTMENT OF THE AIR FORCE CYF CHILD AND YOUTH PROGRAMS



JOINT BASE ANACOSTIA-BOLLING

YOUTH SOCCER

REGISTRATION

REGISTRATION OPENS JUNE 1 AND CLOSES AUGUST 17

Start Smart Soccer (ages 3-4) & Youth Teams (ages 5-16) - \$75
parent.afcyp.com

Immunization & Sports Physicals required. Players get jersey, shorts, & socks. Bring your own cleats & shin guards

Coaches' Meeting August 22 - 10 AM Youth Center Gym.
Parent's Meeting August 29 - 10 AM JBAB Youth Soccer Field or if inclement weather in JBAB Youth Center Gym.

WANTED: VOLUNTEER YOUTH SOCCER COACHES
(Email Rico Bailey at ricardo.bailey@us.af.mil for details)
202-284-3191



11th FSS DEPARTMENT OF THE AIR FORCE CYF CHILD AND YOUTH PROGRAMS



DIGITAL ARTS CAMP

JBAB YOUTH CENTER

JUNE 29 - JULY 3
\$60 | AGES 5 - 18

A WAY TO TEACH YOUTH HOW TO BE CREATIVE USING TECHNOLOGY INSTEAD OF TRADITIONAL TOOLS LIKE PAINT OR PENCILS. WITH DIGITAL ART, YOUTH CAN USE SOFTWARE AND APPS TO MAKE DRAWINGS, ANIMATIONS, AND EVEN 3D DESIGNS. IT'S LIKE HAVING A MAGICAL CANVAS WHERE YOU CAN PLAY WITH COLORS, SHAPES, AND TEXTURE TO BRING YOUR IDEAS TO LIFE! LEARNING ABOUT DIGITAL ART HELPS DEVELOP BOTH YOUR CREATIVE AND TECHNICAL SKILLS.

MORE INFO: YOUTH CENTER
202.284.3193



11th FSS DEPARTMENT OF THE AIR FORCE CYF CHILD AND YOUTH PROGRAMS



JUNE at the Library



"Plant a Seed, Read!"
22 June - August 12

Register at

<https://jbanacostialibrary.beanstack.org/reader365>
(or visit the library circulation desk to register)
(open to all: pre-reader to adults)

Ages 5-6: Every Monday 10 am - 11:30 am

Ages 7-10: Every Monday 1 pm - 2:30 pm

Ages 11-14: Every Wednesday 1 pm - 2:30 pm

August 14th: Finale Party & Awards Presentation

Participants will be given weekly incentives and top winners will win a prize for MOST TIME READ each week

Patch Club

11 June, 4:30 - 5:30 PM in the Children's Room.

Movie Madness

Every Friday at 5 PM in the Children's Room.

FREE POPCORN

Storytime & Craftivity

Every Tuesday and Thursday at 10 AM in the Children's Room.



Details for library activities at jbabfss.com/library

SAVE THE DATE

2026 JBAB EDUCATION & COMMUNITY EXPO

30 + Colleges & Universities
SkillBridge Partners
AF COOL Vendors
JBAB Community Partners
Live Commissioning Panel @ 1PM!



Date: August 4, 2026
Location: Bolling Club
50 Theisen St Washington, DC 20032
Time: 10AM - 2PM



For more information, contact
11fss.jbab.fsde@us.af.mil
or call 202.284.4438

Cultivate Your Listening Skills

-MR. WAYNE MCCRAY

The ability to listen well is a skill each of us can learn and refine at work and at home. The best place to start is by personally acknowledging this as an area for growth. Who doesn't want to be a better team player, give meaningful feedback, communicate accurately through nonverbal cues, feel profoundly understood, and inspire others to trust us?

Like you, I know empathy is the key to listening well. If someone is expressing joy, I want to be able to rejoice and celebrate with them. If my counterpart is expressing fear, I want that hesitation and timidity to register through my body language.

Whatever energy they are expressing, I want to reflect that same vigor, strength, intensity, and animation from a place of deep understanding and helpful support. We all have jobs to do, but that does not prevent us from being human as well. Cultivate the ability to listen well.

MILITARY & FAMILY READINESS CENTER

You are invited to the Military & Family Readiness Center for



MILITARY SPOUSE ORIENTATION

~Heart Link~

Join us on a tour of Joint Base Anacostia-Bolling to meet new people and learn about installation information and resources!

Heart Link orientation is highly encouraged for spouses new to the military lifestyle or newly arriving spouses to Joint Base Anacostia-Bolling!

June 4
October 1
10 AM - 12 PM
M&FRC BLDG. 13

Registration is required.
Registration will close 2 days prior.

Register online at jbab-pwl.timetap.com or call, 202.284.4473





 **FSS** Military & Family Readiness Center | 118 Brookley Ave., Bldg 13 | 202.284.4473

GROW & LEARN WITH EFMP AND NEW PARENT SUPPORT!

TINY TOT PLAY TIME

OPEN TO AGES 1 - 3 YEARS WITH A CAREGIVER

FREE PLAY, SENSORY PLAY MUSIC, & PARENTING TIPS!
9:30 - 11 AM

UPCOMING DATES:
04 & 18 JUNE
16 & 30 JULY
13 & 27 AUGUST
10 & 24 SEPTEMBER






Meet at Splash Pad From June 4 - September 24 for Tiny Tots Play Time!
In event of inclement weather Tiny Tot Play Time will be held at MFRC, Check the JBAB Community and MFRC Facebook page for weather updates and cancellations

Military & Family Readiness Center | 202.284.4473




PERSONAL FINANCIAL READINESS

JUNE & JULY 2026

JUNE 2026:

- 8 JUN | 11AM - 12PM
Financial Readiness Pre-deployment
(fulfills the requirement for "Pre-deployment" in MyVector)
- 11 JUN | 11AM - 12PM
Financial Readiness Post-deployment
(fulfills the requirement for "Post-deployment" in MyVector)
- 18 JUN | 11AM - 12PM
Thrift Savings Plan 101
(fulfills the requirement for "vesting in TSP in MyVector")

JULY 2026:

- 9 JUL | 11AM - 12PM
Home Buying Basics
- 10 JUL | 11AM - 12PM
How to establish credit
- 16 JUL | 11AM - 12PM
PCS Finance Edition
(fulfills the requirement for "PCS" on MYVector)



REGISTRATION REQUIRED!
pfr.timetap.com 202.284.4473




WELLNESS WORKSHOP FOR CAREGIVERS

JBAB & Pentagon EFMP in partnership with JBAB MFLC are hosting a series of wellness workshops designed to support, strengthen and empower caregivers. Each session provides a welcoming space to learn practical tools, connect with others, and focus on personal well-being.

JUNE 8 | JULY 13
3pm - 4pm Offered in hybrid format at JBAB MFRC
118 Brookley Ave Bldg 13



Scan the QR Code or contact Linda Clark linda.clark.8@us.af.mil



EFMP Exceptional Family Member Program

 **FSS**

MILITARY & FAMILY LIFE COUNSELING

CONNECT WITH US!  /JBABFSS  @JBABFSS  JBABFSS.COM | | 8

MILITARY & FAMILY READINESS CENTER

M&FRC + Military & Family Life Counselor

LUNCH & LEARN

MILITARY & FAMILY LIFE COUNSELING



11:30 - 12:30 • HONOR GUARD DORM LOUNGE



Bring your lunch and enjoy participating in a monthly group discussion about different healthy living topics with the Military & Family Life Counselor!



REGISTER ONLINE OR
OR CALL 202.284.4473

- May 12: Developing Healthy Digital Relationships
- June 9: Building Strong Relationships through Mindful Communication
- July 21: Financial Management: Money Matters
- August 11: Managing Transition Stress
- September 15: Trust-Building Skills in the Workplace and Friendships
- October 13: Achieving Work-Life Balance, Thriving Vs. Surviving

JOINT BASE ANACOSTIA-BOLLING

EXCEPTIONAL FAMILY MEMBER PROGRAM

EFMP 101

VIRTUAL & LIVE ORIENTATION

11 JUN, 10 SEP, & 10 DEC
10 - 11 AM • Bldg 13

Join JBAB + Pentagon Exceptional Family Member Coordinators and Navigators to learn all things EFMP!
-Enrollment & Disenrollment
-Respite Care
-CVS/School Advocate
-Legal Resources
Bring your questions EFMP has the answers!



Scan the QR code to register, call 202.284.4473 or email Linda Clark at linda.clark.8@us.af.mil.

EFMP Exceptional Family Member Program

PERSONAL & WORK LIFE Presents



OUTDOOR MOVIE Night

Movie Showing: Inside Out



FRIDAY 12 JUNE 2026

Rain Date: 26 June

Doors Open: 7PM
Movie Starts: 7:15PM

Popcorn | Cotton Candy | Summer Favor Bags

Outside MFRC, Bldg 13

Bring your own blanket, chair, & insect repellent

Registration Required
Closes 2 days before the event



JOINT BASE ANACOSTIA-BOLLING MFRC



DUNKIN' FOR DADS

Military and Family Readiness Center is Dunkin' for Dad's!



17 JUNE | 8-10AM
while supplies last

Drive by for coffee and donuts to celebrate Father's Day!
118 Brookley Ave SW Bldg 13

FREE
open to all dad's on JBAB



202-284-4473



POTOMAC LANES SUMMER LEAGUES

Starting June 1st!

Summertime Mixed:
Mon, June 1 @ 7PM
(2 person any combination)

Dragon Summer:
Tues, June 2 @ 6:30PM
(4 person mixed, at least 1 opposite sex)

Friends United Summer Practice League:
Wed, June 3 @ 7:30PM

Youth/Adult League:
Wed, June 3 @ 7PM
(1 youth & 1 adult)

Potomac Summer Doubles:
Thurs, June 4 @ 7PM
(2 person mixed)

Fun No-Tap Tournament:
Fridays in June
(start date TBD, @7PM (Individual))



Call or stop by for more information!

202.284.4115




POTOMAC LANES SENIOR STRIKE DAY GRADUATION PARTY!

CELEBRATING OUR GRADUATING SENIORS!

JUNE 13 | 1-5PM | \$20
(Includes unlimited bowling & shoe rentals)
You must show a photo of your diploma!



Any senior who gets a strike in the 10th frame wins a 7" inch personal pizza & a free game coupon for their next visit!




POTOMAC LANES FATHER'S DAY BOWLING

JUNE 20 | 1 - 5 PM | \$20



**FATHERS
ENJOY 2 HOURS OF UNLIMITED
BOWLING + SHOE RENTALS**




POTOMAC LANES SCHOOL'S OUT COSMIC BOWLING

**JUNE 27
8:30 -
11:30 PM**



\$20 MIL & \$25 CIVS
(Includes 3 hours of bowling & shoes)



202.284.4115





11th FSS

BOLLING CLUB & SLIP INN

FIRST FRIDAY FIRST FRIDAY MENU
LIVE DJ
DANCING

at **SLIP INN**

Trivia Night

5 JUN
6:30 - 9:30 PM

202.284.3990

at FIRST FRIDAY
4 - 5:30 PM

FIRST COMMAND
11th Air Force
No federal endorsement implied

AIR FORCE SERVICES CLUBS

Slip Inn Waterfront Restaurant **11th FSS**

GRAND OPENING OF THE TIKI BAR!

WITH DJ CHRIS!

5 JUN | 5 - 7PM | SLIP INN



DRINK SPECIALS!

BBQ SPECIAL- SMOKED RIBS, BAKED BEANS, CHOICE OF COLESLAW OR POTATO SALAD, CORN ON THE COB, & BREAD ROLL
\$18 MEMBERS | \$22 NON-MEMBER

AIR FORCE FOOD & BEVERAGE

SATURDAY'S AT THE SLIP INN ×

CHICKEN & WAFFLES

\$16

SATURDAYS | 12 - 4 PM

Enjoy two pieces of Chicken and a delicious Belgian Waffle! Wash it down with a pitcher Mimosas for \$18.00.

11th FSS **AIR FORCE FOOD & BEVERAGE**

JBAB CLUB PRESENTS



FATHER'S DAY



BBQ



JUNE 21 | 12 - 2 PM

BOLLING CLUB

BBQ CHICKEN WINGS
BBQ RIBS • PULLED PORK
 SLICED BRISKET HOT DOGS HAMBURGERS
BBQ BAKED BEANS
 COLESLAW POTATO SALAD
CORN ON THE COB
 ASSORTED SALADS ASSORTED DESSERTS
UNLIMITED MIMOSAS

Club Members: \$45 | Non -Members: \$55
 5 & Under: Free | 6-12: \$20 | 12 & Over: Full Price

REGISTRATION
REQUIRED:



DADDY & ME PINEWOOD DERBY



27 June | 11am | Capital Ballroom

Wooden car kit supplied - 1 per participant

Supplies pick up 15-18 June

Register by 14 June

Limited availability!
50 spots available



FREE!
WINNERS GET A
PRIZE!



CONNECT WITH US!

f /JBABFSS

@JBABFSS

JBABFSS.COM | | 12

FITNESS & AEROBIC CENTERS



FITNESS CENTER 2

24/7 Badge-In Access Only!

Starts June 1
Must Register In-Person
Tuesdays & Thursdays | 1100-1300
Access Granted After Registration



202.284.3183

JOINT BASE ANACOSTIA-BOLLING
AEROBICS SCHEDULE

	MON	TUE	WED	THU	FRI
6 AM	BOOT CAMP	CYCLE	BOOT CAMP	CYCLE	
11 AM	ZUMBA	YOGA		YOGA	POWER PUMP
12 PM			CYCLE	POWER PUMP	
4:30 PM	CYCLE	ZUMBA	POWER PUMP	ZUMBA	YOGA



202.284.3141



JUNE FITNESS CHALLENGE



100 MILE BIKE CHALLENGE

See If You Can Ride 100 Total Miles For The Month Of June!

Record Miles Ridden With Fitness Staff

First Male & Female To Reach 100 Miles Wins!



(202) 284-3131

DEPARTMENT OF THE AIR FORCE
FITNESS & SPORTS

JBAB FITNESS

SUMMER SINGLES TENNIS TOURNAMENT



6 JUNE | 10AM | 3036 ARNOLD AVE SW

Register by scanning the QR code or visit www.quickscores.com/jbab



11th FSS

4 players registered minimum for a tournament

SUMMER JAM 3 vs 3 BASKETBALL

13 JUNE • 9AM
FITNESS CENTER I



REGISTER ONLINE
www.quickscores.com/jbab



11th FSS

*Minimum of 4 teams registered for tournament. Volunteers wanted for officiating!

DEPARTMENT OF THE AIR FORCE
FITNESS & SPORTS



JBAB POOL DIVE-IN MOVIE NIGHTS

 <p>JUN 26</p> <p>(PG-13) 18+ Vibes Only!</p>	 <p>JUL 31</p> <p>(PG) Family Fun for Everyone!</p>	 <p>AUG 28</p> <p>(PG-13) 18+ Vibes Only!</p>
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FREE | 8-10pm | BLDG 52, Theisen Street

Rain Dates: Jul 10, Aug 7, & Sep 4
Don't forget to bring your snacks and swimsuit!

11th FSS

RECHARGE FOR RESILIENCY

AIR FORCE COMMUNITY CENTER

DEPARTMENT OF THE AIR FORCE
FITNESS & SPORTS

JBAB FITNESS



Ultimate Frisbee TOURNAMENT



Register by scanning the QR code or visit www.quickscores.com/jbab

27 JUNE
9AM | TRACK & TURF FIELD
202-284-3034

4 teams registered minimum for a tournament



11th FSS

PRIMITIVE CAMPING

SIMPLE. SCENIC. UNFORGETTABLE.

\$10 PER NIGHT PER CAMPSITE

PRIMITIVE MEANS NO RUNNING WATER & NO RESTROOMS IMMEDIATELY AVAILABLE; RESTROOMS AVAILABLE ABOUT ONE-QUARTER WALK FROM CAMPSITES.

EACH CAMPSITE INCLUDES A CHARCOAL GRILL!

RELAX. UNPLUG. ENJOY NATURE.

FOOD OPTIONS

COMMISSARY OPEN 7 DAYS A WEEK
Check hours here!

POTOMAC LANES & SLIP INN SNACK BARS
Check hours on 11 FSS website!

SCAN ME!

FITNESS CENTER 1

GET REGISTERED FOR 24-HOUR ACCESS

FITNESS HOURS

- Monday - Friday: 5:00 AM - 8:00 PM
- Saturday - Sunday: 7:00 AM - 3:00 PM
- Federal Holidays: Closed

SHOWERS AVAILABLE!

ODR OUTDOOR RESTROOM

24/7 ACCESS
Convenient outdoor restroom available any time, day or night!

202.284.3104

ENJOY THE OUTDOORS. RESPECT THE LAND. LEAVE NO TRACE.

Outdoor Recreation Party Packs!

Turn your next birthday, holiday gathering, or family reunion into an unforgettable outdoor party with our specially curated kits designed for service members and their families!

FROM JUST \$35!

- SNACK PACKS**
Snow Cone Machines • Cotton Candy Machines • Popcorn Machines • Supplies Included
- YARD GAME PACKS**
Corn Hole • Putt Golf • Cup Pong • Ladder Golf • Giant Jenga • Connect Four • And More!
- BOUNCY PACKS**
Tropical Moonbounce • Ocean Moonbounce • Castle Moonbounce • Plus Games or Snacks!
- FIELD DAY PACK**
Pop-up Pavillion • Ice Chests • Chairs • Tug of War • Kickball • Football

202.284.3104

Reserve yours today!
JBABFSS.COM/OUTDOOR-RECREATION

SNAG A SLIP AT CAPITAL COVE MARINA THIS SEASON AND SAVE!

SAFE - SECURE - PAVED - GATED WITH 24/7 ACCESS

Combine your Wet & Dry Storage and save up to \$70!
(OFFER IS LIMITED TO BOATS 25FT AND UNDER)

Club members save even more with our current offer of 5% off on monthly storage fees. Not a member ask for details on how to join.

Offer(s) are available to all current or new patrons. Availability is based on first come first serve. For more information visit us at WWW.JBABFSS.COM or call 202-284-3104

JOINT RECREATION & INNOVATION CENTER JUNE 2026



TOURNAMENT THURSDAY (ALL DAY)

JUNE 4: POOL/PING PONG

JUNE 18: AIR HOCKEY

JUNE 25: CONNECT FOUR/POOL/PING PONG



TUNE-IN TUESDAY (MOVIE NIGHT AT BLDG 55)

JUNE 9 | 5PM | USO LOUNGE



POOL TRANSPORTATION

JUNE 6, 13, & 20 | SHUTTLE RUNS @ 1200-1800 CALL JRIC FOR TRANSPORTATION



TUNE-IN TUESDAY (MOVIE NIGHT AT BLDG 417)

JUNE 23 | 5PM | 2ND FLOOR LOUNGE



DC TRIP

JUNE 27 | FREE | MEET AT 1100/RETURN 1800

SEE THE LINCOLN MEMORIAL, WASHINGTON MONUMENT, AND MORE!

The J.R.I.C. is open to all Single & Unaccompanied Military, E1 - E6 Dorm Residence, if you need a ride, Call 202-284-3900



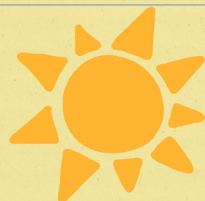
202.284.3900



Shuttle Times: 1200 - 1800

June 6, 13, & 20

JRIC Pool Transportation



Catch a ride and dive into the vibe!
JRIC has your pool transportation covered!
Skip the hassle and hop on our scheduled shuttle service, offering convenient drop-offs and pick-ups from the dorms straight to the JBAB Pool. Whether you're colling off or just looking to relax, ride with us and make your pool day easy, fun, and stress free!
Call the JRIC for a ride @ 202-284-3900



LEVEL UP YOUR DOWNTIME AT THE JRIC



Enjoy Free:

- Movies (Over 500 Movies)
- Xbox Series
- PlayStation 5
- Pool Table
- Ping Pong
- Axe Throwing
- Basketball
- Free Wifi
- Trips & More!

Shuttle Service Available
From Dorms to JRIC
Call JRIC 202-284-3900
BLDG 72 (First Floor)

Joint Recreation & Innovation Center
202.284.3900





SAVE THE DATE! JULY 3-5, 2026



3 DAYS OF FESTIVITIES, FUN, & FIREWORKS!



Jolly Shows
Carnival



Live Music &
DC Fireworks



Nerf Water
Wars



Food Trucks &
Static Displays



Beer Tent &
Goose Caboose



Fun For The
Whole Family!

★ **GIESBORO PARK & WATERFRONT** ★

Celebrate America's 250th Birthday with us!

★ FOLLOW 11 FSS OR SCAN QR CODE FOR DETAILS & UPDATES! ★



11FSS FACILITIES MAP

JOINT BASE ANACOSTIA-BOLLING

11TH FORCE SUPPORT SQUADRON FACILITIES MAP

- 1 **AEROBICS CENTER**
BLDG 38
- 2 **BOLLING CLUB**
BLDG 50 - BOLLING EVENT CENTER | 202.284.3990
- 3 **CAPITAL COVE MARINA**
BLDG 90 | 202.284.3104
- 4 **CHILD DEVELOPMENT CENTER I**
BLDG 4456 | 202.284.4828
- 5 **CHILD DEVELOPMENT CENTER II**
BLDG 4455 | 202.284.4208
- 6 **CHILD DEVELOPMENT CENTER III**
BLDG 413 | 202.284.4814/4815
- 2 **COMMUNITY CENTER**
BLDG 50 - BOLLING EVENT CENTER | 202.284.3990
- 8 **ENGRAVING SHOP**
BLDG 4472 | 202.404.6997
- 9 **FITNESS CENTER I**
BLDG 15 | 202.284.3034
- 10 **FITNESS CENTER II**
BLDG 419 | 202.284.3183
- 12 **HUMAN RESOURCES OFFICE**
BLDG 12 | APF 202.284.4202 / NAF 202.284.4446
- 13 **INFORMATION, TICKETS, & TRAVEL**
BLDG 928 | 202.284.3108
- 14 **JBAB POOL**
BLDG 56 | 202.404.1143
- 15 **JOINT RECREATION & INNOVATION CENTER**
BLDG 72 | 202.284.3900
- 16 **LIBRARY**
BLDG 4439 | 202.284.4703
- 8 **MAGDALENE'S CUSTOM FRAMING**
BLDG 4472 | 202.767.8560
- 18 **MILITARY & FAMILY READINESS CENTER**
BLDG 13 | 202.284.4473
- 19 **MILITARY PERSONNEL FLIGHT**
BLDG 16 | 202.284.3123
- 13 **OUTDOOR RECREATION**
BLDG 928 | 202.284.3104
- 21 **POTOMAC LANES BOWLING CENTER**
BLDG 1310 | 202.284.4115
- 22 **SLIP INN WATERFRONT RESTAURANT**
BLDG 2482 | 202.767.5840
- 23 **STEWART EDUCATION CENTER**
BLDG 52 | 202.284.4438
- 24 **YOUTH CENTER**
BLDG 4485 | 202.284.3193
- 7 **JBAB CARWASH**
BLDG 8

