

TITAN TALK

11TH FORCE SUPPORT SQUADRON | JBABFSS.COM | AUGUST 2025

FIRST FRIDAY TRIVIA
1 AUGUST

BACK TO SCHOOL INFO NIGHT
7 AUGUST

CRAB & SHRIMP FEST
22 AUGUST



TITAN FACILITY DIRECTORY

AEROBICS CENTER

BLDG 38 | 202.284.3141

MONDAY - FRIDAY: 5 AM - 6 PM

BOLLING EVENT CENTER

BLDG 50 | 202.284.3990

BOLLING CLUB

TUESDAY - FRIDAY: 8 AM - 4:30 PM

COMMUNITY CENTER

TUESDAY - FRIDAY: 8 AM - 4:30 PM

GOOSE'S LANDING

CLOSED UNTIL OCTOBER

CAPITAL COVE MARINA

BLDG 90 | 202.284.3104

TUESDAY & WEDNESDAY: CLOSED

THURSDAY - MONDAY: 9 AM - 6 PM

CHILD DEVELOPMENT CENTER I

BLDG 4456 | 202.284.4828

MONDAY - FRIDAY: 6 AM - 6 PM

CHILD DEVELOPMENT CENTER II

BLDG 4455 | 202.284.4208

MONDAY - FRIDAY: 6 AM - 6 PM

CHILD DEVELOPMENT CENTER III

BLDG 413 | 202.284.4814/4815

MONDAY - FRIDAY: 6 AM - 6 PM

CIVILIAN PERSONNEL OFFICE

BLDG 12 | APF 202.284.4202 | NAF 202.284.4446

MONDAY - FRIDAY: 9 AM - 3 PM

EDUCATION & TRAINING CENTER

BLDG 52 | 202.284.4438

MONDAY - THURSDAY: 9 AM - 2 PM

FRIDAY: 9 AM - 12 PM

ENGRAVING SHOP

BLDG 4472 | 202.284.4065

TUESDAY - CLOSED

WEDNESDAY: 10 AM - 4 PM

THURSDAY: 10 AM - 5 PM

FITNESS CENTER I

BLDG 15 | 202.284.3034

MONDAY - FRIDAY: 5 AM - 8 PM

SATURDAY - SUNDAY: 7 AM - 3 PM

24/7 ACCESS - REGISTER AT FRONT DESK

GET 24/7 ACCESS TO:

- CARDIO MACHINES
- FREE WEIGHTS
- WEIGHT MACHINES
- BASKETBALL COURT
- RESTROOMS

REGISTER NOW, IN-PERSON, AT FITNESS CENTER I

REGISTRATION FORM AVAILABLE AT JBABFSS.COM

*SHOWERS NOT AVAILABLE DURING AFTER-HOURS ACCESS

FITNESS CENTER II

BLDG 419 | 202.284.3183

MONDAY - FRIDAY: 5 AM - 8 PM

FURNARI RESTAURANT

BLDG 418 | 202.284.3655

CLOSED UNTIL FURTHER NOTICE

INFORMATION, TICKETS & TRAVEL

BLDG 928 | 202.284.3108

TUESDAY & WEDNESDAY: CLOSED

THURSDAY - MONDAY: 9 AM - 6 PM

JOINT RECREATION & INNOVATION CENTER

BLDG 72 | 202.284.3900

WEDNESDAY & THURSDAY: 12 - 7 PM

FRIDAY & SATURDAY: 12 - 8 PM

SUNDAY: 12 - 6 PM

LIBRARY

BLDG 4439 | 202.284.4703

MONDAY - THURSDAY: 9 AM - 6 PM

FRIDAY: 10 AM - 7 PM | SATURDAY: 12 - 5 PM

MAGDALENE'S CUSTOM FRAMING

BLDG 4472 | 202.767.8560

TUESDAY - FRIDAY: 10 AM - 5 PM

SATURDAYS: 10 AM - 4 PM

MILITARY & FAMILY READINESS CENTER

BLDG 13 | 202.284.4473

MONDAY - FRIDAY: 7:30 AM - 4 PM

MFRC-JBAB.TIMETAP.COM

MILITARY PERSONNEL FLIGHT

BLDG 16 | 202.284.3123

MONDAY - FRIDAY: 8 - 11 AM & 1 - 3:30 PM

CLOSES FOR TRAINING AT 11 AM, 1ST & 3RD WEDNESDAYS

OUTDOOR RECREATION

BLDG 928 | 202.284.3104

TUESDAY & WEDNESDAY: CLOSED

THURSDAY - MONDAY: 9 AM - 6 PM

POTOMAC LANES BOWLING CENTER

BLDG 1310 | 202.284.4115

MONDAY - FRIDAY: 11 AM - 3 PM

OPEN FOR SUMMER LEAGUES AFTER 5 PM

SLIP INN WATERFRONT RESTAURANT

BLDG 2482 | 202.767.5840

TUESDAY - THURSDAY: 11 AM - 7:30 PM

FRIDAY: 11 AM - 8:30 PM

SATURDAY: 12 - 6 PM

JBAB WOODSHOP

BLDG 4472 | 202.284.3104

SATURDAYS: 10 AM - 4 PM

YOUTH CENTER

BLDG 4485 | 202.284.3193

MONDAY - FRIDAY: 6 AM - 6 PM

11TH FORCE SUPPORT SQUADRON

COMMANDER

MAJ SAMANTHA DAVIES

FIRST SERGEANT

MSGT DESMOND COMEJAX

MARKETING & COMMERCIAL

SPONSORSHIP

202.284.3043

SENIOR ENLISTED LEADER

CMSGT ASHLEY GRAHAM





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» »  « «
GET THIS NEWSLETTER DELIVERED TO YOUR INBOX!
SCAN HERE TO SIGN UP

11TH FORCE SUPPORT SQUADRON



Focused on You. Driven by Mission

Maj Samantha Davies, 11 FSS/CC

August marks another chapter of opportunity and growth, and I'm thrilled to extend a warm welcome to our new Director of Operations, Capt Chris Snarr. With FSS experience across many duty stations, his arrival brings fresh perspective and deep operational insight that will be vital as we continue advancing our mission to serve Joint Base Anacostia-Bolling with excellence.

This month, our focus sharpens on expanding and improving the options available to our base community, from recreation and readiness to family support and facility access. We're actively listening to your feedback and channeling it into tangible enhancements that better meet the evolving needs of our service members and their families.

Whether it is increasing weekend availability for Outdoor Rec rentals, elevating quality-of-life services, streamlining our customer experience, or increasing the offerings available to you we are committed to making 11 FSS synonymous with the place you turn to for fun, food, family outings, and fitness.

UPCOMING AUGUST 11 FSS EVENTS

SUMMER SUNFLOWER



01

AUG

SMOKED RIB SPECIAL

Slip Inn • 4:30-6:30PM • \$24 Members & \$28 Non-Members

4-8

AUG

STEM CAMP

Youth Center • \$60

07

AUG

BACK TO SCHOOL INFO NIGHT

6-7:30PM • Bolling Event Center

08

AUG

SOUNDS OF SUMMER

Slip Inn • 5PM • Drew Stevyns

09

AUG

RACQUETBALL TOURNAMENT

Fitness Center 1 • 10AM

10

AUG

NATIONAL BOWLING DAY

Potomac Lanes • 11AM-3PM • \$3 Games & Free Shoe Rental

15

AUG

MFRC FAMILY BINGO NIGHT

Bldg 13 • 6-8PM • FREE

22

AUG

CRAB AND SHRIMP FEST

Slip Inn • 4-7PM • \$70 Members & \$80 Non-Members

23

AUG

EFMP ADAPTIVE FIELD DAY

Giesboro Park • 1-4PM

23

AUG

COSMIC BOWLING

Potomac Lanes • 8:30-11:30PM • \$17 Military & \$20 Civilians

30

AUG

SINGLES BOWLING TOURNAMENT

Potomac Lanes • 11AM • Register at quickscores.com/jbab



Details & Registration
for all events at
JBABFSS.COM

YOUTH CENTER TEEN EVENTS AUGUST 2025

TORCH CLUB

AUGUST 22 & 29 5:00 - 6:00PM

KEYSTONE CLUB

AUGUST 22 & 29 6:00 - 6:30PM

TEEN COUNCIL

AUGUST 22 6:30 - 7:00PM

TEEN BACK TO SCHOOL SHOPPING TRIP

COME BACK-TO-SCHOOL SHOPPING AT THE NATIONAL HARBOR TANGER OUTLETS! TEENS WILL MEET AT THE YOUTH CENTER! TEENS ARE RESPONSIBLE FOR THEIR MONEY FOR SHOPPING AND FOOD. PLEASE CONTACT CHRISTINA MILL AT 202-284-3193 FOR ADDITIONAL DETAILS.

**TO REGISTER & FOR MORE INFORMATION
CALL THE YOUTH CENTER
202.284.3193 OR VISIT JBABFSS.COM**



Torch & Keystone Club

Back To School Backpack & Supply Drive

Help us support local students as they head back to school! We are collecting backpacks, pencils & pens, binders, crayons, glue, erasers, rulers, tissues, notebooks, hand sanitizer and scissors. All donated items will be delivered to a local school in the Washington, D.C. area.

Drop Off at the JBAB Youth Center

JULY 1 - AUGUST 31

202-284-3191



Support the JBAB community! BECOME A FAMILY CHILDCARE PROVIDER

Be Your Own Boss
Do Work You Love
Free Training



Paid Incentives

- Get paid for your children-
 - \$100 for children under 2
 - \$75 for children 2 and older
- \$200 /Child- Enroll from the cdc/sac waitlist
- \$300- Initial and Annual Certifications
- DAF FCC Sub Rates-
 - \$329 for children under 2
 - \$329 for children over 2
- \$500- Recruit a new FCC Provider
- And many more!

*Incentive restrictions apply.

For more information please contact the Family Child Care Office at 11fss.jbab.fcc@us.af.mil or 202-284-4058/4059

BECOME A FAMILY CHILD CARE SUBSTITUTE PROVIDER!

Substitute providers play a crucial role in maintaining the overall stability and quality of FCC programs.

**LOOKING TO SET YOUR OWN
SCHEDULE?**
A substitute Family Child Care (FCC) provider offers several key benefits:

Continuity of Care

- Ensures children continue to receive care when their primary provider is unavailable due to illness, training, or personal matters.

Support for FCC Providers

- Allows FCC providers to take necessary breaks while maintaining their business and meeting the needs of enrolled families; providing care in the FCC provider home and you set your own prices.

Flexibility for Families

- Helps parents maintain their schedules without disruptions, ensuring they have reliable childcare even in unexpected situations.

Professional Development Opportunity

- Gives potential FCC providers hands-on experience before becoming an FCC substitute provider, allowing them to gain training and insight into the role.

Enhanced Readiness for Military Families

- Supports mission readiness by ensuring service members can rely on uninterrupted childcare, even during deployments or temporary duty assignments.

For more information please contact the Family Child Care Office at 11fss.jbab.fcc@us.af.mil or 202-284-4058/4059

YOUTH CENTER

STEM CAMP

AUG 4-8 • \$60



Stem Camp is desired to teach youth technology, engineering, and math, while giving them the opportunity to explore different concepts and enhance their education outside the traditional classroom.

Secure their spot on the CYPBMS Parent Portal before it fills up.
Only 12 spots available!

parent.afcyp.com



Questions & Info:
202.284.3193



**7
AUG**



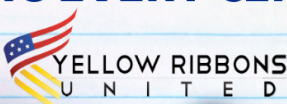
**JBAB
School Liaison
Program Manager**

**IT'S
BACK TO SCHOOL!**

INFO NIGHT

7 AUG, 6 - 7:30 PM

BOLLING EVENT CENTER



SCHOOL BUS ROUTES



DC SCHOOL LOTTERY



SCHOOL CHOICE



**YOUR QUESTIONS
ANSWERED!**



JBAB YOUTH CENTER

DANCE & GYMNASTICS

\$75/mo

Tuesdays
Pre-Ballet/Tap: Ages 3-6
 6 PM
Ballet/Tap: Ages 7-11
 7 PM
Jazz/Tap: Ages 12+
 7 or 8 PM

Thursdays
Tumbling: Ages 3-6
 6 PM
Gymnastics I: Ages 7-11
 7 PM
Gymnastics II: Ages 12+
 8 PM

Register Online @ parent.afcyp.com

11th FSS 202.284.3191 • 202.284.3193

DEPARTMENT OF THE AIR FORCE
 CYP
 CHILD AND YOUTH PROGRAMS

JOINT BASE ANACOSTIA-BOLLING

YOUTH SOCCER

REGISTRATION

REGISTRATION OPENS JUN 1 AND CLOSES AUGUST 9

parent.afcyp.com

Start Smart Soccer (ages 3-4) & Youth Teams (ages 5-16)
\$70

Immunization & Sports Physicals required. Players get jersey, shorts, & socks. Bring your own cleats & shin guards

Coaches' Meeting
 August 16 - 9 AM Youth Center Gym.

Parent's Meeting
 August 22 - 6 PM JBAB Youth Soccer Field or if inclement weather in JBAB Youth Center Gym.

WANTED:
 VOLUNTEER YOUTH SOCCER COACHES
 202-284-3191



DEPARTMENT OF THE AIR FORCE
 CYP
 CHILD AND YOUTH PROGRAMS

11th FSS

JBAB YOUTH CENTER ROLLING REGISTRATION

TAEKWONDO

\$60 PER MONTH

WEDNESDAY
 6 - 7 PM
SATURDAY
 11 AM - NOON
 YOUTH CENTER

REGISTER ONLINE
PARENT.AFCYP.COM
 202.284.3193



DEPARTMENT OF THE AIR FORCE
 CYP
 CHILD AND YOUTH PROGRAMS

11th FSS

Individuality -MR. WAYNE MCCRAY

Unique.... I was pleasantly reminded over the last few days that we as human beings are not simply/primarily a body, emotions, relationships, or even spiritual. We are indeed complex creatures and our individual uniqueness should never be reduced to one factor or a few attributes. I realize such categories makes it easier to study/explore an area, but obviously none of these 'pigeon holes' are comprehensive or final.

It is true that there is absolutely no one like you in the world...for all time! There are similarities to be clear, but unique still...unlike anyone else. Your uniqueness makes you different...that feels a little bit lonely at times, but it remains true never-the-less. Yes, I am learning to cherish more the uniqueness of each person in new and sometimes challenging ways. Its a 'wonderful' journey... I am grateful for the singularity of YOU.



August at the Library
...in the Children's Room!

Summer Reading FINALE PARTY!
Awards & Recognition
All participants and families welcome!
8 Aug
11am-2pm

Summer Reading Program
Program dates: 23 June - 8 August

Patch Club
On Summer Break until 11 September

Movie Madness
Every Friday at 5 PM

Storytime & Craftivity
Every Tuesday & Thursday at 10 AM

Details for library activities
at jbabfss.com

11th FSS **202.284.4703** **AIR FORCE LIBRARIES**

JBAB Education & Community Expo 2025

September 4, 2025
1000 to 1400
Bolling Event Center

30+ Colleges & Universities
JBAB Community Partners
SkillBridge Providers
AF COOL Vendors

Live Commissioning Panel
at 1300



JBAB Education & Training Center
11fss.jbab.fsde@us.af.mil
202.284.4438



★ STRIPES TO BARS ★

2025 FALL COMMISSIONING PANEL

HELD AT THE JBAB EDUCATION & COMMUNITY EXPO
Date: 4 SEPTEMBER
Time: 1300
Location: Tuskegee Room, Bolling Event Center

Register Online
JBAB members register through
AFVEC portal under "Education Center Events"
For more information please call
202.284.4438

11th FSS

FREE!

FAMILY BINGO NIGHT

15 AUG • 6-8 PM

**Join us for a
family night
of Bingo to
network and
build
resilience!**



**MFRC, BLDG 13
REGISTER BY 13 AUGUST**



MILITARY & FAMILY READINESS CENTER

M&FRC + Military & Family Life Counselor

LUNCH & LEARN



12 - 1 PM • HONOR GUARD DORM LOUNGE



Bring your lunch and enjoy participating in a monthly group discussion about different healthy living topics with the Military & Family Life Counselor!



July 1
Financial Management: Money Matters

August 12
The Power of Connection: Enhancing the Parent-Child Relationship

September 9
Resiliency During Uncertainty

October 14
Work Life Balance - Navigating Priorities

REGISTER ONLINE
OR CALL 202.284.4473



JBAB & PENTAGON EFMP

ADAPTIVE FIELD DAY



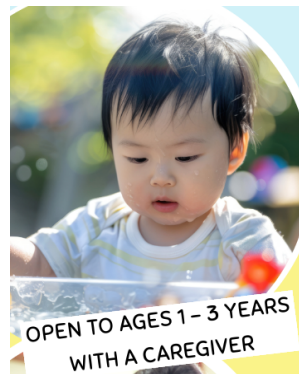
AUG 23

1 - 4 PM • GIESBORO PARK
Enjoy a variety of adaptive field day activities, resources, information booths, and family fun!



Open to all DoD card holders. Parents, please note there will be water sports, so bring extra clothing. Scan the QR Code or contact Linda Clark at linda.clark.8@us.af.mil to learn more and register. We look forward to seeing you there!

REGISTER ONLINE



OPEN TO AGES 1 - 3 YEARS
WITH A CAREGIVER



GROW & LEARN WITH EFMP
AND NEW PARENT SUPPORT!

TINY TOT PLAY TIME AT THE BOLLING SPLASH PAD!

**FREE PLAY, SENSORY PLAY
MUSIC, & PARENTING TIPS!**
9:30 - 11 AM

UPCOMING DATES:

14 & 28 MAY

11 & 25 JUNE

9 & 23 JULY

13 & 27 AUGUST

10 & 24 SEPTEMBER



*Check the JBAB Community page & MFRC page for weather updates. Playgroup will be moved indoors in the case of inclement weather.

Military & Family Readiness Center | 202.284.4473

CONNECT WITH US!

f /JBABFSS

@JBABFSS

JBABFSS.COM | | 10

POTOMAC LANES

NATIONAL BOWLING DAY

**\$5
GAMES**

**+
FREE
SHOE
RENTAL!**

9 AUG • 11 AM - 3 PM



202.284.4115



POTOMAC LANES
JOINT BASE ANACOSTIA-BOWLING

**2 FREE
GAMES A DAY!**
WITH \$4 SHOE RENTAL

**KIDS BOWL
FREE.COM**

19 MAY - 21 AUG
MON - THUR • 11 AM - 3 PM

11th FSS REGISTER ONLINE @ KIDSBOWLFREE.COM
202.284.4115



**Save the
Date**

11TH FORCE SUPPORT SQUADRON

TRUNK OR TREAT

25 OCTOBER • POTOMAC LANES PARKING LOT

11th FSS AIR FORCE
COMMUNITY CENTER

POTOMAC LANES

COSMIC BOWLING



SAT • 23 AUG

8:30 - 11:30 PM • \$17 MIL / \$20 CIVS



202.284.4115



SLIP INN **11 AM - 4 PM**
EVERY WEDNESDAY!

chicken breast SANDWICH!
served with fries & drink

\$13.50

11th FSS **AIR FORCE FOOD & BEVERAGE**

SLIP INN SATURDAY! **CHICKEN & WAFFLES**
\$16

SATURDAYS | 12 - 4 PM

Enjoy two pieces of Chicken and a delicious Belgian Waffle! Add a pitcher of Mimosas for \$20!

11th FSS **AIR FORCE FOOD & BEVERAGE**

SLIP INN **Karaoke & Dancing 6 - 10 PM**

FIRST FRIDAY TRIVIA
1 AUG at 4 PM

FIRST COMMAND
No federal endorsement implied

11th FSS **AIR FORCE COMMUNITY CENTER**

BRING YOUR BIB! **SMOKED RIBS SPECIAL**

1 LB OF SMOKED RIBS
SERVED WITH
BAKED BEANS, CORN ON THE COB,
GRILLED GARLIC BREAD,
AND CHOICE OF COLESLAW OR
POTATO SALAD

\$24: MEMBERS
\$28: NON-MEMBERS

LIVE DJ!

1 AUGUST • 4:30 - 6:30 PM • SLIP INN

11th FSS **AIR FORCE FOOD & BEVERAGE**

SLIP INN WATERFRONT RESTAURANT

JOINT BASE ANACOSTIA-BOLLING

**FREE
ADMISSION!**

SOUNDS *of* SUMMER 2025

5 PM

SLIP INN

25 JULY

**SPIKE
BURTON**

8 AUGUST

**DREW
STEVYNS**

5 SEPTEMBER

**LENNY
BURRIDGE**

**FIRST
COMMAND**
Get Squared Away
No Federal Endorsement Implied

11th
FSS

LIVE ACOUSTIC PERFORMANCES
25 JULY • 8 AUGUST • 5 SEPTEMBER

AIR FORCE

FOOD & BEVERAGE

JOINT-BASE ANACOSTIA-BOLLING

OKTOBERFEST

BRATS • PRETZELS • LIVE MUSIC!

**SAVE THE
DATE**

19 SEPT
SLIP INN

11th
FSS

AIR FORCE

FOOD & BEVERAGE

CONNECT WITH US!

f/JBABFSS

@JBABFSS

JBABFSS.COM | | 14

SLIP INN WATERFRONT RESTAURANT

ALL YOU CAN EAT?

STEAMED CRAB & SHRIMP

WITH HUSH PUPPIES, CORN ON THE COB,
COLESLAW, POTATO SALAD, SLICED WATERMELON,
BROWNIES AND BOTTLED WATER!



MUSIC
BY DJ
CHRIS

NO
FOOD
TO GO

4-7 PM
SLIP INN

TICKETS ON SALE AT THE SLIP INN



CLUB MEMBER
& ODR STORAGE
PATRONS PRICE

\$70

\$80
NON
MEMBERS



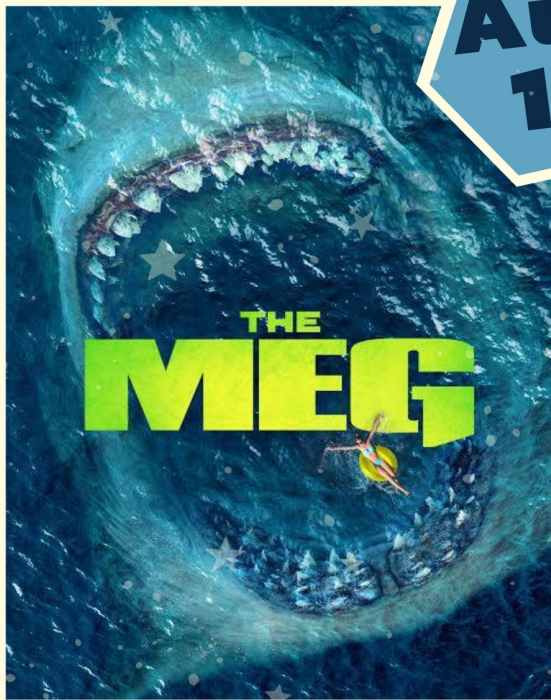
BOLLING EVENT CENTER

JBAB POOL



Dive-In MOVIE NIGHTS

**Aug
15**



**Adult Movie Night
18+ Only**

**Aug
22**



**Kid Movie Night
All Ages**



11th
FSS



FREE | 8-10PM | BLDG 52, THEISEN STREET

CONNECT WITH US!

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PLANK TILL YOU CAN'T

HOW LONG CAN YOU HOLD A PLANK?

Male & Female Winner

Male will use 45lb weight plate

Female will use 35lb weight plate

1 attempt only!



202-284-3131



JBAB POOL



LAP SWIM
TUESDAY - FRIDAY: 6 AM - 11 AM
SATURDAY & SUNDAY: 9 AM - 11 AM

OPEN SWIM
TUESDAY - FRIDAY: 12 PM - 7:30 PM
SATURDAY & SUNDAY: 12 PM - 7:30 PM

CLOSED ON MONDAYS
(EXCEPT WHEN A FEDERAL HOLIDAY IS ON A MONDAY)

FEDERAL HOLIDAYS
OPEN SWIM: 12 PM - 7:30 PM

POOL ACCESS IS ALWAYS



PLEASE, READ & FOLLOW
ALL POOL RULES
at JBABFSS.COM/POOL



JOINT BASE ANACOSTIA-BOLLING AEROBICS SCHEDULE

	MON	TUE	WED	THU	FRI
6 AM	BOOT CAMP	CYCLE	BOOT CAMP	CYCLE	
11 AM	ZUMBA	YOGA		YOGA	POWER PUMP
12 PM			CYCLE	POWER PUMP	
4:30 PM	CYCLE	ZUMBA	POWER PUMP	ZUMBA	YOGA



202.284.3141



FITNESS & AEROBIC CENTERS

11 FSS
FUN RUN & WALK

5K

2025 CALENDAR

MARCH 7
APRIL 4
JUNE 6
JULY 11
AUGUST 8
SEPTEMBER 19
OCTOBER 3

Runs Start at 7am, unless noted.
Dates and start times subject to change for any reason,
including weather.

Contact the fitness center for more information.
*20 May Sporty Sentinels Day- Giesboro Park

Aerobics Center • 202-284-3034



Sponsored by:



No federal endorsement implied

Saturday, August 9th

10 AM

2025 RACQUETBALL TOURNAMENT

JBAB Fitness Center 1
FREE

REGISTER HERE
quickscores.com/jbab



4 players registered minimum for a tournament



202-284-3034



JOINT BASE ANACOSTIA-BOLLING

VARSITY BASKETBALL TRYOUTS

AUG 5-14
TUES & THURS



Calling all aspiring Varsity Basketball Players! We are looking for
varsity level basketball players who are interested in joining our
team to represent JBAB Basketball and has the desire to
compete at a high level for the 2025-2026 season!



202-284-3130



SUPPORT OUR TEAM!



NATIONAL CAPITAL REGION

TOURNAMENT
Giesboro Park • 23-24 Aug

Game schedule and start times TBD.

Battle of the Bases is a military softball tournament, presented by the
Washington Nationals. Teams of active duty service members from all
branches, playing across all National Capital Region installations, participate
in the tournament.



202.284.3130



CONNECT WITH US!

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JBABFSS.COM | | 18

INTRA MURAL FLAG 25 FOOTBALL LEAGUE




REGISTER
quickscores.com/jbab

JBAB Turf Field • M/Tu/W/Th @ 6 & 7 PM
Season Starts Aug 25
Coaches Meeting: August 13 at 5pm at Fitness Center 1. Register your team by August 13. 6 teams must be registered for a league. Less than 6 teams will be a tournament.

DEPARTMENT OF THE AIR FORCE
FITNESS & SPORTS

11th FSS 202.284.3034

SINGLES BOWLING TOURNAMENT

SATURDAY 30 AUGUST 11 AM




POTOMAC LANES
1310 MCCORD ST

11th FSS

REGISTER ONLINE AT
QUICKSCORES.COM/JBAB
MIN OF 4 PLAYERS PER TEAM
NEEDED FOR TOURNAMENT



DEPARTMENT OF THE AIR FORCE
FITNESS & SPORTS

2025 BASKETBALL TOURNAMENT

OCT 3 - 5 • FITNESS CENTER I & YOUTH CENTER

REGISTER ONLINE BY SEP 29 • QUICKSCORES.COM/JBAB

ROSTERS MUST CONSIST OF ACTIVE DUTY or ACTIVE RESERVISTS ON ORDERS ONLY. COMPLETE REGISTRATIONS ACCEPTED ON A FIRST COME, FIRST SERVED BASIS.

For more information call
202.284.3034



11th FSS

BRING SPOT FOR A SWIM!



DOG DAZE

OF SUMMER • 2025

20 SEP • 10 AM - 2 PM • JBAB POOL

All pets must be up-to-date on vaccinations and must arrive and leave event on a six-foot leash and supervised for entirety of event. No retractable leashes permitted. No more than two leashed pets per adult handler are permitted. Certain breeds of dogs are not allowed, including but not limited to Pit Bull breed dogs (American Pit Bull Terrier, Staffordshire Bull Terrier, American Staffordshire Terrier, etc.), Chow, Presa Canario, Rottweilers, Doberman Pinschers, Canine/Wolf Hybrids and any other canine breed with dominant traits towards aggression. All owners are responsible for cleaning up after their pets.

11th FSS 202.284.3129

DEPARTMENT OF THE AIR FORCE
FITNESS & SPORTS

OUTDOOR RECREATION & ITT

JBAB Outdoor Recreation

FROM
\$35!

Party Packs!

202.284.3104



JBABFSS.COM/OUTDOOR-RECREATION



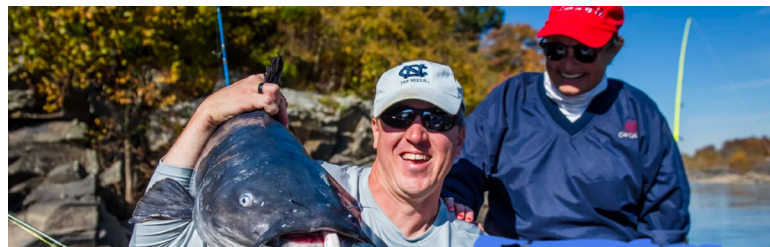
JBAB INFORMATION, TICKETS & TRAVEL

SCORE BIG WITH JBAB ITT!



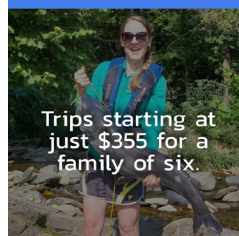
202.284.3108

INFORMATION TICKETS & TRAVEL



REEL IN ADVENTURE WITH CAPTAIN OWEN!

As a twenty year Army veteran, I know firsthand the challenges of balancing a military career with creating quality family time. Let me help you reconnect and make lasting memories on the water with a family fishing trip!

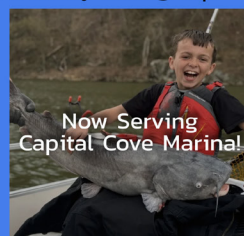


Trips starting at just \$355 for a family of six.



Fully licensed and insured veteran-owned small business

PAID AD



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BOOK NOW

Dates are filling up fast; book your trip today!
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NATS TICKETS 40% OFF

HUGE SAVINGS FOR THE
JBAB COMMUNITY



**+ FOOD, BEVERAGE &
MERCHANDISE CREDIT!**



**SCAN HERE FOR YOUR EXCLUSIVE
11 FSS TICKET CODE**

PAID AD. NO FEDERAL ENDORSEMENT IMPLIED.

JOINT RECREATION & INNOVATION CENTER



BEAT THE SHOT CLOCK

All of August • Make the most basketball shots before time runs out.



SMITHSONIAN MUSEUM TRIP

9 August • Free • Meet at JRIC at 10am • Limited Spaces



THURSDAY GAME NIGHT

7, 14, 21, & 28 August • 4-7pm • Free



COMEDY MOVIE NIGHT

8 & 29 August • 5PM • Free



HIKING AT ROCK CREEK PARK

17 August • 10AM • Free • Bring money for food



DORM DINNER w/ JBAB CHAPEL

27 August • Dorm Dinner: 5PM

FREE SHUTTLES:

BLDG 3619: 4:35pm & 4:55pm

Honor Guard Barracks: 4:45pm & 5:00pm



The J.R.I.C. is open to all Single & Unaccompanied Military, E1 – E6
Need Volunteer Hours? Call us!



AUGUST 2025

QUESTIONS? CALL THE JRIC: 202.284.3900



2025 Dorm Dinner Calendar

Free Dinners start at 5 PM in the J.R.I.C. (Bldg 72).
Open to Active Duty Military, E-6 and below.

BARRACKS SHUTTLE **HONOR GUARD** **BUILDING 3619**
4:45PM & 5:05PM 4:35PM & 4:55PM

Joint Recreation & Innovation Center



Meals provided by the
JBAB Chapel and prizes
sponsored by USAA.

NO FEDERAL
ENDORSEMENT IMPLIED



11FSS FACILITIES MAP



JOINT BASE ANACOSTIA-BOLLING
FORCE
SUPPORT SQUADRON

FACILITIES

AEROBICS CENTER

BLDG 38

BOLLING EVENT CENTER

BLDG 50 | 202.284.3990

BOLLING CLUB

BLDG 50 | 202.284.3990

CAPITAL COVE MARINA

BLDG 90 | 202.284.3104

CHILD DEVELOPMENT CENTER I

BLDG 4456 | 202.284.4828

CHILD DEVELOPMENT CENTER II

BLDG 4455 | 202.284.4208

CHILD DEVELOPMENT CENTER III

BLDG 413 | 202.284.4814/4815

CIVILIAN PERSONNEL OFFICE

BLDG 12 | APF 202.284.4202 / NAF 202.284.4446

COMMUNITY CENTER

BLDG 50 | 202.284.3990

EDUCATION & TRAINING CENTER

BLDG 52 | 202.284.4438

ENGRAVING SHOP

BLDG 4472 | 202.404.6997

FITNESS CENTER I

BLDG 15 | 202.284.3034

FITNESS CENTER II

BLDG 419 | 202.284.3183

FURNARI RESTAURANT

BLDG 418 | 202.284.3655

INFORMATION, TICKETS, & TRAVEL

BLDG 928 | 202.284.3108

JBAB POOL

BLDG 56 | 202.404.1143

JOINT RECREATION & INNOVATION CENTER

BLDG 72 | 202.284.3900

LIBRARY

BLDG 4439 | 202.284.4703

MAGDALENES CUSTOM FRAMING

BLDG 4472 | 202.767.8560

MILITARY & FAMILY READINESS CENTER

BLDG 13 | 202.284.4473

MILITARY PERSONNEL FLIGHT

BLDG 16 | 202.284.3123

OUTDOOR RECREATION

BLDG 928 | 202.284.3104

POTOMAC LANES BOWLING CENTER

BLDG 1310 | 202.284.4115

SLIP INN WATERFRONT RESTAURANT

BLDG 2482 | 202.767.5840

WOOD SHOP - THE SAW OFFICES

BLDG 4472 | 202.284.3108 | THESAWOFFICES.COM

YOUTH CENTER

BLDG 4485 | 202.284.3193



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