

TITAN TALK

11TH FORCE SUPPORT SQUADRON | JBABFSS.COM | MAY 2025

SUMMER READING REGISTRATION
1 MAY

A MOMENT FOR MOMS
15 MAY

BOX CAR
MOVIE NIGHT
23 MAY

TITAN FACILITY DIRECTORY

AEROBICS CENTER

BLDG 38 | 202.284.3141

MONDAY - FRIDAY: 5 AM - 6 PM

BOLLING EVENT CENTER

BLDG 50 | 202.284.3990

BOLLING CLUB

TUESDAY - FRIDAY: 8 AM - 4:30 PM

COMMUNITY CENTER

TUESDAY - FRIDAY: 8 AM - 4:30 PM

GOOSE'S LANDING

THURSDAY - FRIDAY: 3 PM - 8 PM

CAPITAL COVE MARINA

BLDG 90 | 202.284.3104

TUESDAY - SATURDAY: 9 AM - 6 PM

CHILD DEVELOPMENT CENTER I

BLDG 4456 | 202.284.4828

MONDAY - FRIDAY: 6 AM - 6 PM

CHILD DEVELOPMENT CENTER II

BLDG 4455 | 202.284.4208

MONDAY - FRIDAY: 6 AM - 6 PM

CHILD DEVELOPMENT CENTER III

BLDG 413 | 202.284.4814/4815

MONDAY - FRIDAY: 6 AM - 6 PM

CIVILIAN PERSONNEL OFFICE

BLDG 12 | APF 202.284.4202 | NAF 202.284.4446

MONDAY - FRIDAY: 9 AM - 3 PM

EDUCATION & TRAINING CENTER

BLDG 52 | 202.284.4438

MONDAY - THURSDAY: 9 AM - 2 PM

FRIDAY: 9 AM - 12 PM

ENGRAVING SHOP

BLDG 4472 | 202.284.4065

TUESDAY - CLOSED

WEDNESDAY: 10 AM - 4 PM

THURSDAY: 10 AM - 5 PM

FITNESS CENTER I

BLDG 15 | 202.284.3034

MONDAY - FRIDAY: 5 AM - 8 PM

SATURDAY - SUNDAY: 7 AM - 3 PM

24/7 ACCESS - REGISTER AT FRONT DESK

FITNESS CENTER II

BLDG 419 | 202.284.3183

MONDAY - FRIDAY: 5 AM - 8 PM

24/7 ACCESS - REGISTER AT FRONT DESK

FURNARI RESTAURANT

BLDG 418 | 202.284.3655

CLOSED UNTIL FURTHER NOTICE

INFORMATION, TICKETS & TRAVEL

BLDG 928 | 202.284.3108

TUESDAY - SATURDAY: 9 AM - 6 PM

JOINT RECREATION & INNOVATION CENTER

BLDG 72 | 202.284.3900

WEDNESDAY & THURSDAY: 12 - 7 PM

FRIDAY & SATURDAY: 12 - 8 PM

SUNDAY: 12 - 6 PM

LIBRARY

BLDG 4439 | 202.284.4703

MONDAY - THURSDAY: 9 AM - 6 PM

FRIDAY: 10 AM - 7 PM | SATURDAY: 12 - 5 PM

MAGDALENE'S CUSTOM FRAMING

BLDG 4472 | 202.767.8560

TUESDAY - FRIDAY: 10 AM - 5 PM

SATURDAYS: 10 AM - 4 PM

MILITARY & FAMILY READINESS CENTER

BLDG 13 | 202.284.4473

MONDAY - FRIDAY: 7:30 AM - 4 PM

MFRG-JBAB.TIMETAP.COM

MILITARY PERSONNEL FLIGHT

BLDG 16 | 202.284.3123

MONDAY - FRIDAY: 8 - 11 AM & 1 - 3:30 PM

CLOSES FOR TRAINING AT 11 AM, 1ST & 3RD WEDNESDAYS

OUTDOOR RECREATION

BLDG 928 | 202.284.3104

TUESDAY - SATURDAY: 9 AM - 6 PM

POTOMAC LANES BOWLING CENTER

BLDG 1310 | 202.284.4115

MONDAY - FRIDAY: 11 AM - 7:30 PM

SLIP INN WATERFRONT RESTAURANT

BLDG 2482 | 202.767.5840

TUESDAY - FRIDAY: 11 AM - 3 PM

Season Opening: 1 April

JBAB WOODSHOP

BLDG 4472 | 202.284.3104

SATURDAYS: 10 AM - 4 PM

YOUTH CENTER

BLDG 4485 | 202.284.3193

MONDAY - FRIDAY: 6 AM - 6 PM

11TH FORCE SUPPORT SQUADRON

COMMANDER

MAJ SAMANTHA DAVIES

SENIOR ENLISTED LEADER

CMSGT ASHLEY GRAHAM

FIRST SERGEANT

MSGT MICHAEL HOOPER

TSGT CORDERRO SAUNDERS

MARKETING & COMMERCIAL

SPONSORSHIP

202.284.3043

GET 24/7 ACCESS TO:

- CARDIO MACHINES
- FREE WEIGHTS
- WEIGHT MACHINES
- BASKETBALL COURT
- RESTROOMS

REGISTER NOW, IN-PERSON, AT

FITNESS CENTER I & II

REGISTRATION FORM AVAILABLE AT

JBABFSS.COM

*SHOWERS NOT AVAILABLE DURING
AFTER-HOURS ACCESS



CONTENTS

07 **SUMMER READING PROGRAM**
JBAB LIBRARY

10 **KIDS BOWL FREE**
POTOMAC LANES

12 **BOX CAR MOVIE NIGHT**
BOLLING EVENT CENTER

14 **SPORTY SENTINEL'S DAY**
GIESBORO PARK

3	ATLAS ANNOUNCEMENTS
4	EVENT CALENDAR
5	CHILD & YOUTH PROGRAMS
7	FORCE DEVELOPMENT
8	MFRC EVENTS
10	POTOMAC LANES
12	BOLLING EVENT CENTER
13	FITNESS
15	ODR/TICKETS & TRAVEL
17	JRIC EVENTS
18	FSS HOLIDAY HOURS
19	FSS FACILITY MAP



GET THIS NEWSLETTER DELIVERED TO YOUR INBOX!
SCAN HERE TO SIGN UP

11 FSS Leadership Feedback



Maj Samantha Davies, 11 FSS/CC

In our current resource-constrained environment, the 11 FSS remains committed to providing programs and services that enhance the well-being and mission-readiness of our community. To achieve this, your voice is essential.

This month, I am focusing on gathering feedback to ensure our programming aligns with what matters most to you. Whether it's fitness and wellness opportunities, professional development workshops, family-friendly events, or other services, we want to hear your thoughts. Your input will enable us to prioritize initiatives that bring the greatest value and impact to our base community.

To facilitate this, please utilize the QR code above. These comments come direct to me and the 11 FSS Senior Enlisted Leader and no one else. This avenue is designed to make sharing your ideas simple and effective. Every suggestion, whether big or small, helps us shape a future that reflects the needs and aspirations of our community.

While challenges persist, we view this as an opportunity to innovate and collaborate. By pooling our creativity and resources, we can reimagine how we serve Team Eleven, ensuring that we remain a cornerstone of support and excellence.

Thank you for being an active part of this process. Your insights empower us to continue delivering programs that matter. Together, we can build a thriving community, no matter the obstacles.

UPCOMING 11 FSS EVENTS

Hello May!

**1
MAY**

SUMMER READING PROGRAM REGISTRATION

May 01-June 21, 2025 • Register at jbanacostialibrary.beanstack.org/reader365

**2
MAY**

DOUBLES PICKLEBALL TOURNAMENT

Fitness Center 1 • 12PM & 5PM • Register at quickscores.com/jbab

**14
MAY**

TINY TOT PLAY TIME

Bolling Splash Pad • 9:30-11AM • Free Play, Sensory Play, and More!

**15
MAY**

MFRC MOMENTS FOR MOM'S

Bolling Club • 11AM - 1PM • Flower Arranging, Giveaways, and More!

**18
MAY**

TINY TOT PLAY TIME

Bolling Splash Pad • 9:30-11AM • Free Play, Sensory Play, and More!

**19
MAY**

KIDS BOWL FREE STARTS

Potomac Lanes • Mon-Thurs, 11AM-3PM • Register online @ kidsbowlfree.com

**20
MAY**

SPORTY SENTINELS DAY

6:45AM - 1PM • Giesboro Park • 5K run, Tire Flip, Humvee Push, and More! • Register at quickscores.com/jbab

**23
MAY**

JBAB POOL OPENING

JBAB Pool • 12 - 7:30PM • Free

**23
MAY**

FAMILY DAY BOWLING SPECIAL

Potomac Lanes • 11AM- 3PM • 2 hour lane rental + shoes, 1 large 1 topping pizza, and 1 pitcher of soda for \$45!

**23
MAY**

BOX CAR MOVIE NIGHT

Capital Ballroom • 5:30 - 8PM • Mufasa Movie • Call 202-284-3990 to register.



Details & Registration
for all events at

JBABFSS.COM

CHILD AND YOUTH PROGRAMS

YOUTH CENTER TEEN EVENTS

MAY 2025



TORCH CLUB

MAY 2, 9, 16, & 30

5 - 6PM

KEYSTONE CLUB

MAY 2, 9, 16, & 30

6 - 6:30PM

TEEN COUNCIL

MAY 30

6:30 - 7:00PM

DAVE & BUSTERS PRETEEN TRIP

MAY 10

1:00-5:00PM

AGES 9-12

DAVE & BUSTERS TEEN TRIP

MAY 31

1:00-5:00PM

AGES 13-18

PRE-TEENS & TEENS ARE RESPONSIBLE FOR THEIR OWN MONEY FOR FOOD AND GAMES. PLEASE BE AT THE YOUTH CENTER AT 12:45PM, WE WILL BE LEAVING AT 1PM. REGISTER YOUR TEEN ON CYPBMS

**TO REGISTER & FOR MORE
INFORMATION
CALL THE YOUTH CENTER
202.284.3193**

JBABFSS.COM

JBAB YOUTH CENTER PRESENTS

AMERICA'S ARMED FORCES KID'S RUN

**GAMES! MOON BOUNCE!
POPCORN • SNOW CONES • DRINKS • & MORE!**

**17 MAY
11 AM - 2 PM
OUTDOOR TRACK**

IT'S ALL FREE!

AGE GROUPS

- 12 PM: 5-7 YEARS
- 12:30 PM: 8-10 YEARS
- 1 PM: 11+ YEARS



202.284.3191

Support the JBAB community!

BECOME A FAMILY CHILDCARE PROVIDER

Be Your Own Boss
Do Work You Love
Free Training

Paid Incentives

- Get paid for your children-
 - \$100 for children under 2
 - \$75 for children 2 and older
- \$200 /Child- Enroll from the cdc/sac waitlist
- \$300- Initial and Annual Certifications
- DAF FCC Sub Rates-
 - \$329 for children under 2
 - \$329 for children over 2
- \$500- Recruit a new FCC Provider
- And many more!

*Incentive restrictions apply.

For more information please contact the Family Child Care Office at
11fss-jbab.fcc@us.af.mil or 202.284.4052/4050



CHILD AND YOUTH PROGRAMS

MUSIC & TUNES

JBAB YOUTH CENTER



Calling all youth that love music! Are you a beginner or a pro? If you enjoy making beats or playing an instrument we have the space for you to write music and express your creative skills. We created a space with music equipment that you can enjoy from February-June.

Teens
Monday-Thursday 4 - 6 PM
& Friday 4 - 8 PM

Pre-Teens
Friday 6 - 8 PM

JBAB YOUTH CENTER Art & Fashion Lab

DO YOU LOVE FASHION, SEWING, ART OR JUST WANT TO CREATE UNIQUENESS? WE HAVE THE SPACE FOR YOU!

FEBRUARY-JUNE

TEENS: MONDAY-THURSDAY 4-6PM & FRIDAY 4-8PM
PRE-TEENS: FRIDAY 6-8PM

202.284.3193

JBAB YOUTH CENTER ROLLING REGISTRATION

\$60 PER MONTH

TAEKWONDO

WEDNESDAY 6 - 7 PM
SATURDAY 11 AM - NOON
YOUTH CENTER

REGISTER ONLINE
PARENT.AFCYP.COM
202.284.3193

MISSOULA CHILDREN'S THEATRE
A PRODUCTION OF MCT, INC.

JBAB YOUTH CENTER PRESENTS

\$25
AGES 5 TO 18

Alice In Wonderland
STAR IN THE SHOW!

AUDITIONS: 23 JUNE
REHEARSALS: 23 JUNE - 27 JUNE
PERFORMANCE: 28 JUNE

Register at the Youth Center or call 202-284-3193 by 20 June.
For questions or more information, contact the Youth Center 202.284.3193.

CONNECT WITH US!

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@JBABFSS

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FORCE DEVELOPMENT

PUT YOUR HEAD DOWN AND FOCUS EVERYDAY

-MR. WAYNE MCCRAY

We all want to experience higher levels of achievement, reach more daring goals, and improve the quality of our lives in some way, shape or form. For us to enhance our performance, we first must become a better version of ourselves. There are no shortcuts. Talking about growth is not the same as doing it. Talking about starting a business is not same as sustaining a business's productivity. You can't just dream for it to happen and then not take massive action. It requires a lot of intentional effort, focus, discipline, and hard work when its inconvenient, but it is well worth it. Not merely because of what we achieve, but because of the man or woman we end up becoming in the process.

There is a saying that has help me repeatedly, "We first make our habits, and then our habits make us." Stop merely declaring your goals and do it. Stop focusing on social media comparisons and focus on your improvements. You really can eventually master success, growth, or greater achievement through focusing. Don't be afraid of working on your improvements when no one is watching...in private...without a social media post!

Learning how to get better can positively impact your personal well-being and your relationships with family, friends, and colleagues. Bettering yourself in one area of life can also lead to improvements in other areas like your professional career.

For example, bettering your communication at home can help you become a more effective and productive leader at work. Similarly, improving your work performance can help you find more meaning in your personal life.

Again, one key is to discipline yourself to remain focused on this goal...your goal... Not other's successes or opinions or comparisons, not feeling inadequate, not social media selections, not someone else's path...this is not a competition! It is a journey that is uniquely yours! It's your time to focus on your needs, your growth, your commitment, your journey.... Discipline yourself to focus on your own development.



May at the Library

...in the Children's Room!

Summer Reading Program

"LEVEL UP AT YOUR LIBRARY!"
Registration is May 01 - June 21, 2025
Summer Reading Program dates:
June 23 - August 08, 2025

Scan the QR Code to Register



Storytime & Craftivity

Every Tuesday & Thursday at 10 AM

Movie Madness

Every Friday at 5 PM

Patch Club

8 May, 4:30 - 5:30 PM

Family Game Day

24 May, 1 - 4 PM

Details for library activities at
jbabfss.com/library
202.284.4703



MILITARY & FAMILY READINESS CENTER



MILITARY SPOUSE



APPRECIATION GIVEAWAY

ARE YOU UP FOR THE CHALLENGE? TO WIN, STOP BY THE MILITARY & FAMILY READINESS CENTER AND ANSWER THE READINESS & RESILIENCY TRIVIA CORRECTLY!

MAY 2, 9, 16, & 30 | 10AM-12PM

118 BROOKLEY AVE, BLDG 13



*ONLY ONE WINNER

*MILITARY SPOUSE STATUS WILL BE VERIFIED

THANK YOU SPOUSES FOR YOUR COMMITMENT AND SACRIFICES!



JBAB MFRC

PERSONAL & WORKLIFE WORKSHOP CALENDAR

MAY 2025

Mondays 1-on-1 Consult: Stress Management

Tuesdays 1-on-1 Consult: Resources

6

Key Support Liaison Continuing Education
11 AM - 12 PM

8

Bundles for Babies
9 AM - 12 PM

9

Couples Connect with Take Home Activity
6 - 8 PM

14

Anger Management
11 AM - 12 PM

21

Mindfulness & DIY Calendar
11 AM - 12 PM



REGISTER AT
JBAB-PWL.TIMETAP.COM
or call 202-284-4473



M&FRC + Military & Family Life Counselor

LUNCH & LEARN

12 - 1 PM • HONOR GUARD DORM LOUNGE



Bring your lunch and enjoy participating in a monthly group discussion about different healthy living topics with the Military & Family Life Counselor!



- May 13: Growth Through Education- Learn Skills for Success in your Education Journey!
- June 10: Resources for Navigating Military Life Challenges
- July 1: Financial Management: Money Matters
- August 12: The Power of Connection: Enhancing the Parent-Child Relationship
- September 9: Resiliency During Uncertainty
- October 14: Work Life Balance - Navigating Priorities

REGISTER ONLINE
OR CALL 202.284.4473



OPEN TO AGES 1 - 3 YEARS
WITH A CAREGIVER



GROW & LEARN WITH EFMP
AND NEW PARENT SUPPORT!

TINY TOT PLAY TIME AT THE BOLLING SPLASH PAD!

FREE PLAY, SENSORY PLAY
MUSIC, & PARENTING TIPS!

9:30 - 11 AM

UPCOMING DATES:

14 & 18 MAY

11 & 18 JUNE

9 & 23 JULY

13 & 27 AUGUST

10 & 24 SEPTEMBER



*Check the JBAB Community page & MFRC page for weather updates.
Playgroup will be moved indoors in the case of inclement weather.

Military & Family Readiness Center | 202.284.4473

CONNECT WITH US!

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@JBABFSS

JBABFSS.COM | 8

JBAB MFRC

A MOMENT FOR MOM'S

**15 MAY - 11 AM – 1 PM
BOLLING CLUB**



**MFRC is celebrating the strength and dedication
of Military Spouses this Mother's Day!**

**Take a moment to be pampered with a day full of
giveaways, candle making workshops, & flower arranging.**

REGISTRATION IS REQUIRED

Scan the QR code or Email Claire Davis
claire.davis.3@us.af.mil



potomac lanes

FAMILY DAY

bowling special!

23 MAY
11 am - 3 pm

2 hour lane rental
+ shoes, 1 large 1 topping
pizza, and 1 pitcher of soda
...only \$45!



limit 6 patrons per lane
202.284.4115



2 FREE GAMES A DAY!
WITH \$4 SHOE RENTAL



**KIDS BOWL
FREE.COM**

SAVE THE
DATE!

19 MAY - 21 AUG
MON - THUR • 11 AM - 3 PM



REGISTER ONLINE @ KIDSBOWLFREE.COM • 202.284.4115

BOLLING EVENT CENTER

BOLLING EVENT CENTER

CLUB MEMBER
HAPPY HOUR: 4 - 6 PM

KARAOKE &
DANCING

FIRST FRIDAY

inside
**GOOSE'S
LANDING**

2 & 16 MAY
7 - 11 PM

FOOD AVAILABLE FOR PURCHASE
FROM 7 - 10 PM



**Trivia
Night**

at **FIRST FRIDAY**
2 MAY
3 - 5:30 PM

**1 FIRST
COMMAND**

No federal endorsement implied



AIR FORCE SERVICES
CLUBS



AIR FORCE
COMMUNITY CENTER

BOX CAR MOVIE NIGHT MUFASA THE LION KING

23 MAY • 5:30 - 8 PM
BOLLING EVENT CENTER
CAPITAL BALLROOM • FREE

Come join us as we journey back to the Pride Lands with *Mufasa: The Lion King!*


Build your own box car with our provided materials, then sit back and enjoy the show.

*MINI CONCESSION STAND
WITH FOOD FOR SALE

**DESIGN & BRING
YOUR CAR!**

**BOX CAR MATERIALS:
PICK UP YOUR CARDBOARD BOX AND
PAPER PLATE STARTING 5 MAY!**

REGISTRATION REQUIRED

 **202.284.3990**



11th
FSS



MAY
FITNESS
CHALLENGE



500 MILES CHALLENGE

CAN YOU
REACH 500
MILES IN
THE MONTH
OF MAY?



Bike Approval:
Road Bike
Mountain Bike
Spin Bike
Upright Bike
Recumbent Bike
No electric bikes allowed.



2025

DOUBLES PICKLEBALL TOURNAMENT



2 May | 12pm & 5pm
Fitness Center 1



REGISTER ONLINE
WWW.QUICKSCORES.COM/JBAB



2025 INTRAMURAL SOFTBALL LEAGUE

Mon & Wed | 6 & 7 PM | Giesboro Park

Coaches Meeting Tuesday, 6 May, at 5 PM
at Giesboro Park (Ball Field 2)



202.284.3034

Register Online
quickscores.com/jbab

FITNESS & AEROBIC CENTERS



2025 SPORTY SENTINELS DAY

20 MAY
0645 - 1300
GIESBORO PARK

**BOOT CAMP • TIRE FLIP
HUMVEE PUSH
PICKLEBALL
ULTIMATE FRISBEE
ROCK CLIMBING WALL
BEACH VOLLEYBALL
3 V 3 BASKETBALL TUG OF WAR**

REGISTER ONLINE!
quickscores.com/jbab

Questions? Contact Mike Perry, Fitness Director, 202.284.3133

DEPARTMENT OF THE AIR FORCE
FITNESS & SPORTS

JBAB POOL OPENS 23 MAY!

OPENING DAY
12 PM - 7:30 PM

LAP SWIM
TUESDAY - FRIDAY: 6 AM - 11 AM
SATURDAY & SUNDAY: 9 AM - 11 AM

OPEN SWIM
TUESDAY - FRIDAY: 12 PM - 7:30 PM
SATURDAY & SUNDAY: 12 PM - 7:30 PM

CLOSED ON MONDAYS
(EXCEPT WHEN A FEDERAL HOLIDAY IS ON A MONDAY)

FEDERAL HOLIDAYS
OPEN SWIM: 12 PM - 7:30 PM

POOL ACCESS IS ALWAYS FREE

PLEASE, READ & FOLLOW ALL POOL RULES
at JBABFSS.COM/POOL

DEPARTMENT OF THE AIR FORCE
FITNESS & SPORTS

11 FSS FUN RUN & WALK

5K

2025 CALENDAR

**MARCH 7
APRIL 4
JUNE 6
JULY 11
AUGUST 8
SEPTEMBER 19
OCTOBER 3**

Runs Start at 7am, unless noted.
Dates and start times subject to change for any reason, including weather.
Contact the fitness center for more information.
*20 May Sporty Sentinels Day- Giesboro Park

Aerobics Center • 202-284-3034

Sponsored by:
FIRST COMMAND

No federal endorsement implied

DEPARTMENT OF THE AIR FORCE
FITNESS & SPORTS

JOINT BASE ANACOSTIA-BOLLING AEROBIC CENTER

AEROBICS SCHEDULE

	MON	TUE	WED	THU	FRI
6 AM	BOOT CAMP	CYCLE	BOOT CAMP	CYCLE	
8 AM		SENIOR FITNESS		SENIOR FITNESS	
9 AM		ZUMBA GOLD	YOGA		
10 AM		SENIOR FITNESS	POWER PUMP	SENIOR FITNESS	YOGA
11 AM	ZUMBA	YOGA	CORE FITNESS	YOGA	POWER PUMP
12 PM	CYCLE	POWER PUMP	CYCLE	POWER PUMP	CYCLE
4:30 PM		ZUMBA		ZUMBA TONING	

11th FSS | JBABFSS.COM

DEPARTMENT OF THE AIR FORCE
FITNESS & SPORTS

CONNECT WITH US!

f/JBABFSS

@JBABFSS

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LET'S GO FISHING!

Join us for an unforgettable fishing experience!

21 JUNE

CAPITAL COVE MARINA

\$75 per person

Max of 4 participants per time slot

All equipment provided

**AVAILABLE TIME
SLOTS**

8-11 AM


12-3 PM

4-7 PM

**CAST YOUR LINE
CATCH THE
ADVENTURE!**

Spots are limited.
Sign-ups close **10** days prior to the event.
*Weather permitting.

For more details contact Outdoor Recreation

 202-284-3104

 11FSS.JBAB.ODRMARINA@us.af.mil.



OUTDOOR RECREATION

EXPLORE

NEW YORK

28 JUNE COST: \$60/PERSON

Explore the Big City:

- JBAB Outdoor Recreation is offering a Round-Trip Charter to the heart of New York City!
- You'll have the entire day to explore the city at your own pace.

Don't miss out on this opportunity—spaces are limited, so be sure to stop by the Outdoor Recreation Office to reserve your spot today!

Morning Departure:

- 7 AM: Depart from
- Midway Break: Stretch and relax at the Delaware House (30-minute stop).
- 11 AM: Arrive in Midtown Manhattan, Herald Square (across from Macy's).

Evening Return:

- Meet at Herald Square (Across from Macy's)
- Bus departs Midtown Manhattan at 7 PM for the return journey.
- 11 PM: Arrival back at Outdoor Recreation (Old Resale Lot).

Don't miss this fantastic opportunity to experience the magic of New York City!
Make your reservation at Outdoor Recreation; Building 928



Outdoor Recreation

Party Packs!

Turn your next birthday, holiday gathering, or family reunion into an unforgettable outdoor party with our specially curated kits designed for service members and their families!

SNACK PACKS

Snow Cone Machines • Cotton Candy Machines
Popcorn Machines • Supplies Included

YARD GAME PACKS

Corn Hole • Putt Golf • Cup Pong • Ladder Golf
Giant Jenga • Connect Four • And More!

BOUNCY PACKS

Tropical Moonbounce • Ocean Moonbounce
Castle Moonbounce • Plus Games or Snacks!

FIELD DAY PACK

Pop-up Pavillion • Ice Chests • Chairs
Tug of War • Kickball • Football

FROM JUST
\$35!

202.284.3104



Reserve yours today!

JBABFSS.COM/OUTDOOR-RECREATION

OUTDOOR RECREATION

REEL IN ADVENTURE WITH CAPTAIN OWEN!

As a twenty year Army veteran, I know firsthand the challenges of balancing a military career with creating quality family time. Let me help you reconnect and make lasting memories on the water with a family fishing trip!

Trips starting at just \$355 for a family of six.

Fully licensed and insured veteran-owned small business

Now Serving Capital Cove Marinal

BOOK NOW

Spring dates are filling up fast; book your trip today!
www.capitalbluesfishing.com

Paid Ad.

JOINT RECREATION & INNOVATION CENTER



AROUND THE EMBASSY TOUR (PASPORT DC)

3 MAY • FREE • MEET AT JRIC AT 10AM • LIMITED SPACES



MAY THE 4TH BE WITH YOU

3, 7, 8, & 9 MAY • ALL DAY • STAR WARS MOVIES PLAYING ALL DAY



TOURNAMENT NIGHT

15 MAY • 5PM • HONOR GUARD BLDG.



TOURNAMENT NIGHT

22 MAY • 5PM • FURNARI BLDG.



DORM DINNER w/ JBAB CHAPEL

28 APR • Dorm Dinner: 5PM

FREE SHUTTLES:

BLDG 3619: 4:35pm & 4:55pm

Honor Guard Barracks: 4:45pm & 5:00pm



The J.R.I.C. is open to all Single & Unaccompanied Military, E1 – E6
Need Volunteer Hours? Call us!



MAY 2025

QUESTIONS? CALL THE JRIC: **202.284.3900**



2025 Dorm Dinner Calendar

Joint Recreation & Innovation Center

Free Dinners start at 5 PM in the J.R.I.C. (Bldg 72).
Open to Active Duty Military, E-6 and below.

BARRACKS SHUTTLE **HONOR GUARD** **BUILDING 3619**
4:45PM & 5:05PM 4:35PM & 4:55PM

29 JAN	28 FEB	29 MAR	28 APR
28 MAY	25 JUN	30 JUL	27 AUG
24 SEP	29 OCT	19 NOV	17 DEC



Meals provided by the
JBAB Chapel and prizes
sponsored by USAA.

NO FEDERAL
ENDORSEMENT IMPLIED





MEMORIAL DAY

HOLIDAY HOURS

23 MAY
FAMILY DAY

26 MAY
FEDERAL HOLIDAY

 HOLIDAY HOURS  CLOSED  REGULAR HOURS

		Aerobics Center
		Bolling Club
		Capital Cove Marina
		Child Development Centers
		Civilian Personnel Office
		Community Center
		Development Advisor
		Education Center
		Engraving Shop
		Fitness Center I
		Fitness Center II
		Fitness Center 24/7 Access
		Furnari Restaurant
		Information, Tickets, & Travel
		Joint Recreation & Innovation Center
		Library
		Frame Shop
		Military & Family Readiness Center
		Military Personnel Flight
		Outdoor Recreation
	12 - 7:30 PM	Pool
		Potomac Lanes
		Resource Management
		Slip Inn Waterfront Restaurant
		Wood Shop
		Youth Center

11FSS FACILITIES MAP



JOINT BASE ANACOSTIA-BOLLING
FORCE
SUPPORT SQUADRON

FACILITIES

AEROBICS CENTER

BLDG 38

BOLLING EVENT CENTER

BLDG 50 | 202.284.3990

BOLLING CLUB

BLDG 50 | 202.284.3990

CAPITAL COVE MARINA

BLDG 90 | 202.284.3104

CHILD DEVELOPMENT CENTER I

BLDG 4456 | 202.284.4828

CHILD DEVELOPMENT CENTER II

BLDG 4455 | 202.284.4208

CHILD DEVELOPMENT CENTER III

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CIVILIAN PERSONNEL OFFICE

BLDG 12 | APF 202.284.4202 / NAF 202.284.4446

COMMUNITY CENTER

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EDUCATION & TRAINING CENTER

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ENGRAVING SHOP

BLDG 4472 | 202.404.6997

FITNESS CENTER I

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FITNESS CENTER II

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FURNARI RESTAURANT

BLDG 418 | 202.284.3655

INFORMATION, TICKETS, & TRAVEL

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BLDG 56 | 202.404.1143

JOINT RECREATION & INNOVATION CENTER

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SLIP INN WATERFRONT RESTAURANT

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WOOD SHOP - THE SAW OFFICES

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