11TH FORCE SUPPORT SQUADRON | JBABFSS.COM | APRIL 2025



## TITAN FACILITY DIRECTORY

**AEROBICS CENTER** 

BLDG 38 | 202.284.3141

MONDAY - FRIDAY: 5 AM - 6 PM

**BOLLING EVENT CENTER** BLDG 50 | 202.284.3990

**BOLLING CLUB** 

TUESDAY - FRIDAY: 8 AM - 4:30 PM

COMMUNITY CENTER

TUESDAY - FRIDAY: 8 AM - 4:30 PM

GOOSF'S LANDING

THURSDAY - FRIDAY: 3 PM - 8 PM

CAPITAL COVE MARINA BLDG 90 | 202.284.3104

TUESDAY - SATURDAY: 9 AM - 6 PM

CHILD DEVELOPMENT CENTER I BLDG 4456 | 202.284.4828

MONDAY - FRIDAY: 6 AM - 6 PM

CHILD DEVELOPMENT CENTER II

BLDG 4455 | 202.284.4208

MONDAY - FRIDAY: 6 AM - 6 PM

CHILD DEVELOPMENT CENTER III BLDG 413 | 202.284.4814/4815

MONDAY - FRIDAY: 6 AM - 6 PM

**CIVILIAN PERSONNEL OFFICE** BLDG 12 | APF 202.284.4202 | NAF 202.284.4446

MONDAY - FRIDAY: 9 AM - 3 PM

**EDUCATION & TRAINING CENTER** 

BLDG 52 | 202.284.4438

MONDAY - THURSDAY: 9 AM - 2 PM FRIDAY: 9 AM - 12 PM

**ENGRAVING SHOP** BLDG 4472 | 202.404.6997

TUESDAY - CLOSED WEDNESDAY: 10 AM - 4 PM

THURSDAY: 10 AM - 5 PM

FITNESS CENTER I

BLDG 15 | 202.284.3034

MONDAY - FRIDAY: 5 AM - 8 PM SATURDAY - SUNDAY: 7 AM - 3 PM 24/7 ACCESS - REGISTER AT FRONT DESK

**FITNESS CENTER II** 

BLDG 419 | 202.284.3183

MONDAY - FRIDAY: 5 AM - 8 PM 24/7 ACCESS - REGISTER AT FRONT DESK

**FURNARI RESTAURANT** 

BLDG 418 | 202.284.3655

**CLOSED UNTIL FURTHER NOTICE** 

INFORMATION, TICKETS & TRAVEL

BLDG 928 | 202.284.3108

TUESDAY - SATURDAY: 9 AM - 6 PM

**JOINT RECREATION & INNOVATION CENTER** 

BLDG 72 | 202.284.3900

WEDNESDAY & THURSDAY: 12 - 7 PM FRIDAY & SATURDAY: 12 - 8 PM SUNDAY: 12 - 6 PM

**LIBRARY** 

BLDG 4439 | 202.284.4703

MONDAY - THURSDAY: 9 AM - 6 PM

FRIDAY: 10 AM - 7 PM | SATURDAY: 12 - 5 PM

MAGDALENE'S CUSTOM FRAMING BLDG 4472 | 202.767.8560

TUESDAY - FRIDAY: 10 AM- 5 PM SATURDAYS: 10 AM - 4 PM

**MILITARY & FAMILY READINESS CENTER** BLDG 13 | 202.284.4473

MONDAY - FRIDAY: 7:30 AM - 4 PM MFRC-JBABTIMFTAP.COM

MILITARY PERSONNEL FLIGHT BLDG 16 | 202.284.3123

MONDAY - FRIDAY: 8 - 11 AM & 1 - 3:30 PM CLOSES FOR TRAINING AT 11 AM. 1ST & 3RD WEDNESDAYS

**OUTDOOR RECREATION** BLDG 928 | 202.284.3104

TUESDAY - SATURDAY: 9 AM - 6 PM

POTOMAC LANES BOWLING CENTER BLDG 1310 | 202.284.4115

MONDAY - FRIDAY: 11 AM - 7:30 PM

SLIP INN WATERFRONT RESTAURANT

BLDG 2482 | 202.767.5840

TUESDAY - FRIDAY: 11 AM - 3 PM Season Opening: 1 April

JBAB WOODSHOP

BLDG 4472 | 202.284.3104

SATURDAYS: 10 AM - 4 PM

**YOUTH CENTER** 

BLDG 4485 | 202.284.3193

MONDAY - FRIDAY: 6 AM - 6 PM

### 1<sup>™</sup> FORCE SUPPORT SQUADRON

COMMANDER

MAJ SAMANTHA DAVIES

**SENIOR ENLISTED LEADER** 

CMSGT ASHLEY GRAHAM

**FIRST SERGEANT** 

MSGT MICHAEL HOOPER TSGT CORDERRO SAUNDERS MARKETING & COMMERCIAL **SPONSORSHIP** 

202.284.3043

#### GET 24/7 ACCESS TO:

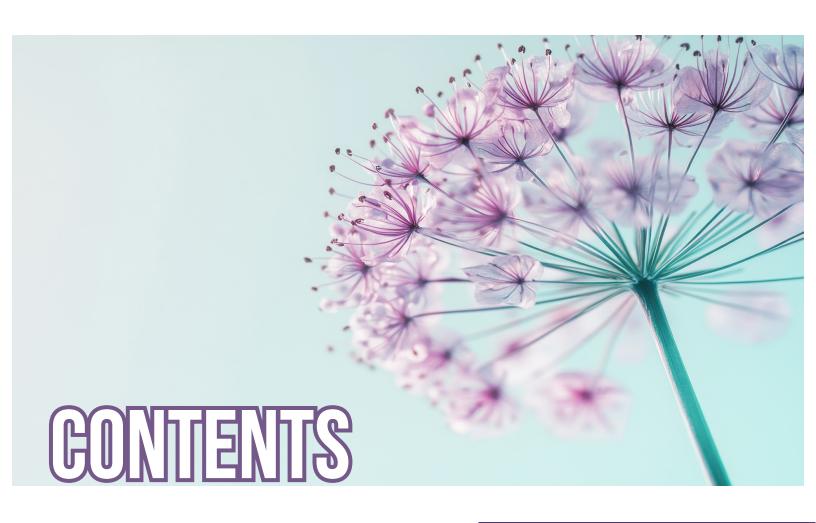
- CARDIO MACHINES
- FREE WEIGHTS
- WFIGHT MACHINES - BASKETBALL COURT
- RESTROOMS

#### REGISTER NOW. IN-PERSON. AT FITNESS CENTER I & II

REGISTRATION FORM AVAILABLE AT JBABFSS.COM

\*SHOWERS NOT AVAILABLE DURING AFTER-HOURS ACCESS





**EASTER WITH EFMP** MILITARY & FAMILY READINESS

**SLIP INN SEASON OPENING** SLIP INN

**DANDELION DANCE** BOLLING EVENT CENTER

EARTH DAY CLEAN UP OUTDOOR RECREATION

- **ATLAS ANNOUNCEMENTS**
- **EVENT CALENDAR**
- **CHILD & YOUTH PROGRAMS**
- FORCE DEVELOPMENT
- **MFRC EVENTS**
- **POTOMAC LANES**
- **BOLLING EVENT CENTER**
- **FITNESS**
- **ODR/TICKETS & TRAVEL**
- JRIC EVENTS 18
- **FSS FACILITY MAP**



#### ATLAS ANNOUNCEMENTS



Dandelion Strong: Celebrating Military Children This April Maj Samantha Davies, 11 FSS/CC

April is the Month of the Military Child, a time to honor the strength and sacrifices of our nation's youngest heroes. Known as dandelions for their ability to thrive anywhere, military children exemplify resilience, adaptability, and unwavering support for their families.

As a mom of four military kiddos, I've witnessed their extraordinary ability to face challenges head-on. My husband and I are constantly inspired by our children's understanding and strength. Their support enables us to focus on serving our country, knowing they share in the sacrifices that come with our commitment. From adjusting to 6 moves and 3 schools to enduring long separations from loved ones, our children embody the values we hold dear—strength, flexibility, and courage.

Military children are the quiet strength of our armed forces—resilient, resourceful, and unwavering in their support. They remind us that service is a family commitment, and their sacrifices fuel our mission with purpose and heart.

This month, the 11th Force Support Squadron is proud to host events that keep military children at the forefront. From the elegance and charm of our Dandelion Ball to the excitement of Spring Fest and the joy of our Easter Egg Hunt, these celebrations are designed to honor their contributions and sacrifices while bringing families together. We also encourage everyone around the base to wear Purple in honor of Purple Up Day on April 15th.

This April, we celebrate military children for their courage, strength, and profound impact on our families and mission. These remarkable young individuals embody hope and resilience.

#### 3 | TITAN TALK | APRIL 2025 | 11<sup>TH</sup> FORCE SUPPORT SQUADRON

11 FSS APRIL 2025 EVENTS

# Spring Solite!



TO OUR KIDS

5K FUN RUN/WALK

Fitness Center 1 • 7 AM • Wear Purple to celebrate Military Chil

O5
APR

EFMP EASTER EGG-STRAVGANZA

MFRC • 10AM-12PM • Photos with the Easter Bunny, crafts, & more!

DANDELION DANCE
Capitol Ballroom • 6-8PM • Photo booth, buffet, dancing, & more!

PURPLE UP BOWLING
Potomac Lanes • 11AM-4PM • Kids wear purple to get 1 free game & \$3 shoe rentals.

15
APR PURPLE UP AT THE LIBRARY

JBAB Library • 10AM • Handprints on the fence, dancing, & storytime

19 EASTER EGG HUNT
Giesboro Park • 930AM-12PM • Meet the Easter Bunny, Food, & More!

EASTER BRUNCH
Bolling Club • 12-2PM • An array of brunch items and photos with the Easter Bunny.

LIBRARY EARTH DAY

10AM-12PM • Flower planting & bird house assembly and painting.

SPRINGFEST
Slip Inn • 4-7PM • Celebrating our Militray Children with Food & Fun!

EARTH DAY CLEAN UP

Slip Inn • 11:30AM-1PM • Clean up the Waterfront & Join the Blessing of the Fleet.

FORCE SUPPORT SQUADRON

**26** APR

Details & Registration for all events at

**JBABFSS.COM** 

MONTH OF THE MILITARY CHILD2025

f /JBABFSS @ @JBABFSS

⊕ JBABFSS.COM | | 4

## YOUTH CENTER







#### **TORCH CLUB**

APR 4, 11, & 18

5 - 6 PM

#### **KEYSTONE CLUB**

APR 4, 11, & 18

6 - 6:30 PM

#### TEEN COUNCIL

**APR 25** 

12:00 - 12:30AM

DURING THE TEEN LOCK IN\*

#### OPERATION MEGAPHONE TEEN LOCK-IN

APR 75-76

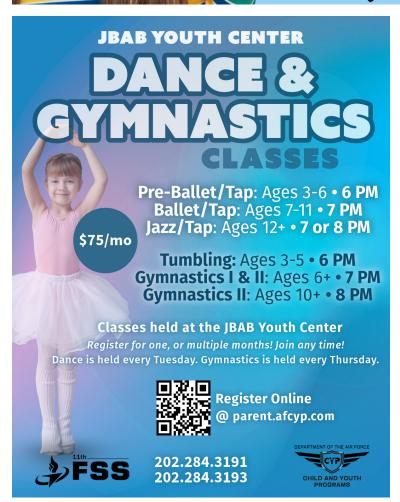
9:00PM - 7:30AM

\*BUS WILL BE TRAVELING FROM JBAB YOUTH CENTER TO ANDREWS YOUTH CENTER AT 9:15PM\*

A NIGHT FILLED WITH FUN, ADVENTURES, AND GAMES WITH JBAB TEENS AND JOINT BASE ANDREWS TEENS AT JOINT BASE ANDREWS YOUTH CENTER. DROP OFF TIME 9:00AM AND PICK UP AT 7:30AM NEXT DAY. SIGN UP VIA CYPBMS PARENT PORTAL. OPERATION MEGAPHONE IS DESIGNED FOR TEENS TO CONNECT AND BUILD RELATIONSHIPS WITH OTHER TEENS AND RIASE AWARENESS IN THE COMMUNITY.

JBABESS:COM

TOREGISTER A FOR MORE INFORMATION GAILTHEYOUTH GENTER 2022-25123





#### CHILD AND YOUTH PROGRAMS



Calling all youth that love music! Are you a beginner or a pro? If you enjoy making beats or playing an instrument we have the space for you to write music and express your creative skills. We created a space with music equipment that you can enjoy from February-June.

Monday-Thursday 4 - 6 PM ย Friday 4 - 8 PM

Pre-Teens Fridau 6 - 8 PM





Support the QBAB community!

## **BECOME A FAMILY** CHILDCARE PROVIDER

**Be Your Own Boss** Do Work You Love **Free Training** 



#### Paid Incentives

- · Get paid for your children-
- \$100 for children under 2
- \$75 for children 2 and older
- \$200 /Child- Enroll from the cdc/sac waitlist
  - \$300- Initial and Annual Certifications
    - DAF FCC Sub Rates-
    - \$329 for children under 2
    - \$329 for children over 2
  - \$500- Recruit a new FCC Provider
    - · And many more!

\*Incentive restrictions apply

For more information please contact the Family Child Care Office at 11fss.jbab.fcc@us.af.mil or 202-284-4058/4059

#### **FORCE DEVELOPMENT**

#### **COMFORT ZONE DEPARTURES**

MR. WAYNE MCCRAY

Remember the words of Albert Einstein, "Strive not to be a success, but rather to be of value." He is correct in so many regards it is hard to number them all. Essential to our progress is repeatedly leaving our own "comfort zone" to demonstrate our ever-changing relevance.

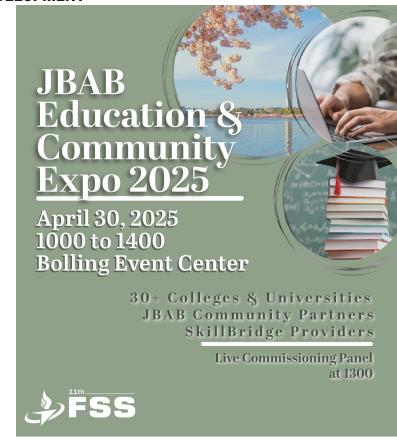
It has been well observed that the comfort zone provides a measure of safety and laid-back familiarity, but striking a balance between enjoying these benefits and pushing ourselves to discover new things in the growth zone is vital.

It is imperative that we become comfortable with the uncomfortable! This kind of significance has always characterized American pioneers and inventors from the very beginning. They saw needs and filled them; they ran head on into problems, but they would not quit until they had manufactured solutions.

Embracing change, accepting some turmoil, trying new things, pushing the boundaries, changing the scope, and doing life differently than before allows us to create learning opportunities and grow beyond original expectations.

Details for library activities at jbabfss.com/library

202.284.4703



JBAB Education & Training Center at 11fss.jbab.fsde@us.af.mil



Patch Club 10 Apr., 4:30 - 5:30 PM

**Earth Day Celebration** 

**22 Apr**, 10 AM - 12 PM Flower planting, and bird house assembly and painting.

#### **MILITARY & FAMILY READINESS CENTER**



#### JBAB **MFRC**

## APRIL 2025

### **Workshop** Calendar

Mondays 1-on-1 Consult: Stress Management Tuesdays 1-on-1 Consult: Resources

- **Stress Bingo** 11 AM - 12 PM
- Month of the Military Child Kick Off: Wall Art
- **Childcare Resources Information Panel** 11 AM - 12 PM
- MySECO (Spouse Employment & Career Opportunities) **Virtual Event** 11 AM - 12 PM
- Month of the Military Child: Paint a Pot & How-to 2 Decorate Sugar Cookies 1-4 PM
- 16 How to communicate assertively 11 AM 12 PM

**REGISTER AT** JBAB-PWL.TIMETAP.COM or call 202-284-4473



**GROW & LEARN WITH EFMP** AND NEW PARENT SUPPORT!





## **EASTER EGG-STRAVAGANZA**

PHOTOS WITH THE EASTER BUNNY | CRAFTS | STORY TIME









**JOIN US FOR** FREE PLAY, SENSORY PLAY, **MUSIC, & PARENTING TIPS!** 9:30 - 11 AM

> **UPCOMING DATES:** 9 & 23 APRIL



Play group will be held in the upstairs classroom at the Military & Family Readiness Center

Military & Family Readiness Center | 202.284.4473

**CONNECT WITH US!** 

f /JBABFSS

@JBABFSS

♥ JBABFSS.COM | | 8

**Potomac Lanes** 

## PURPLE UP BOWLING

12 APRIL 11 AM - 4 PM

KIDS WEARING PURPLE CET 1 FREE GAME WITH \$3 SHOERENTAL





202.284.4115



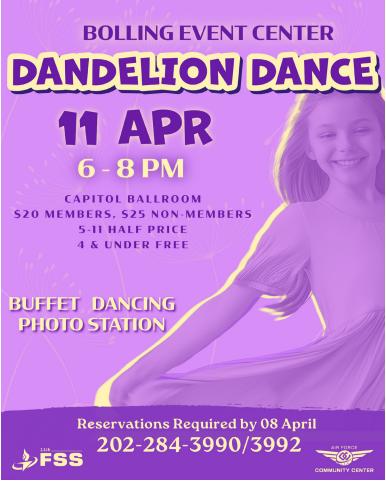






#### **BOLLING EVENT CENTER**











# 11 FSS FUN RUN & WALK





## **2025 CALENDAR**

MARCH 7 APRIL 4 MAY 9 **JUNE 6** JULY 11 **AUGUST 8** SEPTEMBER 19 OCTOBER 3

Runs Start at 7am, unless noted. Dates and start times subject to change for any reason, including weather.

Contact the fitness center for more information.

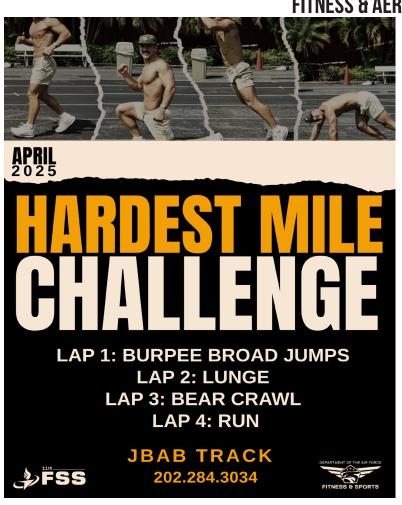
Fitness Center 1 • 202-284-3034







FITNESS & AEROBIC CENTERS







#### THE EARTH NEEDS YOU!



1:30 AM







**VOLUNTEER** @ BFSS.COM









## JOINT RECREATION & INNOVATION CENTER



FINAL FOUR WATCH PARTY 5 APR • ALL DAY



MOVIE NIGHT @ THE CLUB

10 APR · 4PM · WASP ROOM · FREE



**MOVIE NIGHT @ HONOR GUARD DORM** 17 APR · 5PM · FREE



**DORM DINNER W/ JBAB CHAPEL** 

23 APR · Dorm Dinner: 5PM ≥

FREE SHUTTLES:
BLDG 3619: 4:35pm & 4:55pm
Honor Guard Barracks: 4:45pm & 5:00pm



**VOLUNTEER JBAB SPRINGFEST** WOLUNTEER JBAB SPRINGFEST
25 APR • 3:00PM-7:30PM • SLIP INN



**TOURNAMENT** 26 APR · 2PM · JRIC · FREE



MOVIE NIGHT @ FURNARI DORM 24 APR • 5PM • FREE

The J.R.I.C. is open to all Single & Unaccompanied Military, E1 - E6 💆 Need Volunteer Hours? Call us! AIR FORCE



ESTIONS? CALL THE JRIC: **202.284.3900** 

RECHARGE FOR RESILIENCY

# ner Calendar

Free Dinners start at 5 PM in the J.R.I.C. (Bldg 72). Open to Active Duty Military, E-6 and below.

**BARRACKS HONOR GUARD BUILDING 3619** SHUTTLE 4:45PM & 5:05PM 4:35PM & 4:55PM







Joint Recreation & Innovation Center



AUG

SEP

ОСТ

NOV

DEC



Meals provided by the JBAB Chapel and prizes sponsored by USAA. NO FEDERAL ENDORSEMENT IMPLIED





**f**/JBABFSS



