

DIRECTORY

Aerobics Center

BLDG 38 | 202.284.3141 Monday - Friday: 5 am - 6 pm Saturday: Open for Classes Only

Bolling Event Center

BLDG 50 | 202.284.3990

Bolling Club

Tuesday - Friday: 8 am - 4:30 pm

Community Center

Tuesday - Friday: 8 am - 4:30 pm

Capital Cove Marina

BLDG 90 | 202.284.3104 Tuesday - Saturday: 9 am - 6 pm

Child Development Center I

BLDG 4456 | 202.284.4828 Monday - Friday: 6 am - 6 pm

Child Development Center II

BLDG 4455 | 202.284.4208 Monday - Friday: 6 am - 6 pm

Child Development Center III

BLDG 413 | 202.284.4814/4815 Monday - Friday: 6 am - 6 pm

Civilian Personnel Office

BLDG 12 APF 202.284.4202 NAF 202.284.4446 Monday - Friday: 9 am - 3 pm

Education & Training Center

BLDG 52 | 202.284.4438 Monday - Thursday: 9 am - 2 pm Friday: 9 am - 12 pm

Engraving Shop

BLDG 4472 | 202.404.6997 Tuesday - Wednesday: 10 am - 4 pm Thursday: 10 am - 5 pm

Fitness Center I

BLDG 15 | 202.284.3034 Monday - Friday: 5 am - 8 pm Saturday - Sunday: 7 am - 3 pm 24/7 Access - Register at Front Desk

Fitness Center II

BLDG 419 | 202.284.3183 Monday - Friday: 5 am - 8 pm 24/7 Access - Register at Front Desk

Furnari Restaurant

BLDG 418 | 202.284.3655 Breakfast: Monday - Friday: 6 - 9 am Lunch: Monday - Friday: 10:30 am - 1 pm Dinner: Monday - Sunday: 4 - 6 pm Brunch: Saturday & Sunday: 10 am - 1 pm Federal Holidays: 10 am - 1 pm & 4 - 6 pm

Information, Tickets & Travel

BLDG 928 | 202.284.3108 Daily: 9 am - 6 pm

JBAB Pool

BLDG 56 | 202.284.3129 **Lap Swim**

Tuesday - Friday: 6 am - 11 am Saturday & Sunday: 9 am - 11 am

Open Swim

Tuesday - Friday: 12 pm - 7:30 pm Saturday & Sunday: 12 pm - 7:30 pm Closed on Mondays (except when a Federal Holiday is on a Monday)

Federal Holidays

Lap Swim: 6 am - 11 am Open Swim: 12 pm - 7:30 pm

Joint Recreation & Innovation Center

BLDG 72 | 202.284.3900 Wednesday & Thursday: 12 - 7 pm Friday & Saturday: 12 - 8 pm Sunday: 12 - 6 pm

Library

BLDG 4439 | 202.284.4703 Monday - Thursday: 9 am - 6 pm Friday: 10 am - 7 pm | Saturday: 12 - 5 pm

Magdalene's Custom Framing

BLDG 4472 | 202.767.8560 Tuesday - Friday: 10 am- 5 pm Saturdays: 10 am - 4 pm

Military & Family Readiness Center

BLDG 13 | 202.284.4473 Monday - Friday: 7:30 am - 4 pm mfrc-jbab.timetap.com

Military Personnel Flight

BLDG 16 | 202.284.3123 Monday - Friday: 8 - 11 am & 1 - 3:30 pm Closes for training at 11 am, 1st & 3rd Wednesdays

Outdoor Recreation

BLDG 928 | 202.284.3104 Daily: 9 am - 6 pm

Potomac Lanes Bowling Center

BLDG 1310 | 202.284.4115 Monday - Saturday: 11 am - 7:30 pm

Slip Inn Waterfront Restaurant

BLDG 2482 | 202.767.5840 Tuesday - Thursday: 11 am - 7:30 pm Friday: 11 am - 8:30 pm Saturday: 12 - 6 pm | Sunday: 12 - 4 pm Kitchen closes 30 minutes prior to close

Wood Shop

BLDG 4472 | 202.284.3108 Thursday: 5 - 8 pm Saturday: 9 am - 5 pm thesawoffices.com

Youth Center

BLDG 4485 | 202.284.3193 Monday - Friday: 6 am - 6 pm

11[™] FORCE SUPPORT SQUADRON

Commander "Atlas"

Maj Samantha Davies

Operations Officer

Maj Dominique Lewis

First Sergeant

MSgt Michael Hooper TSgt Corderro Saunders

Deputy

Mr. Bobby McCullough

Senior Enlisted Leader

CMSgt Ashley Graham

Marketing & Commercial Sponsorship

202.284.3043





BOWLING LEAGUESPOTOMAC LANES

HANDBAG BINGO! SLIP INN

OKTOBERFEST SLIP INN

DOG DAZE OF SUMMER JBAB POOL

- **ATLAS ANNOUNCEMENTS**
- **EVENT CALENDAR**
- **CHILD & YOUTH PROGRAMS**
- **MFRC EVENTS**
- **POTOMAC LANES**
- 9 **SLIP INN**
- **BOLLING EVENT CENTER**
- 13 **FITNESS**
- **JRIC EVENTS**
- **HOLIDAY HOURS**
- 18



GET THIS NEWSLETTER DELIVERED TO YOUR INBOX! SCAN HERE TO SIGN UP



INTRO TO EXCELLENCE

MAJ SAMANTHA DAVIES

Hey JBAB! I am so excited to join the team as the new Commander of the 11 Force Support Squadron (FSS). Alongside me, I am delighted to present our exceptional leadership team, each member bringing a wealth of experience and dedication to our squadron. Together, we are committed to delivering unparalleled services and support for our entire base community.

The 11 FSS, proudly known as the Titans, offers a comprehensive array of essential services aimed at enhancing the quality of life for all personnel and their families. Our services encompass key areas such as force development, fitness and recreation programs, family support, food facilities, and military/civilian personnel.

We provide career development services that support your professional advancement and educational pursuits, ensuring that each member can reach their fullest potential. Our fitness and recreation programs are designed to promote physical well-being and provide leisure activities that cater to a wide range of interests. We also offer robust family support services that include counseling, childcare programs,

and various family-centered activities to help strengthen and support our resilient base families. Our food facilities provide nutritious and delicious meals prepared by a English trained executive chef, ensuring that you have access to quality food options. Our military and civilian personnel operations ensure each team member of JBAB can focus on their mission as we focus on caring for your career.

As we embark on this new chapter, we are excited about the prospects and possibilities that lie ahead. Our primary mission remains to deliver exceptional support services while fostering a strong, resilient, and cohesive community. We recognize that your success is our success, and we are here to provide the resources and support you need to thrive both personally and professionally.

Thank you for your continued trust and dedication. We look forward to serving you with excellence and commitment and always welcome feedback on ways we can improve.











CALLING ALL TEENS! BECOME THE JBAB

YOUTH OF THE YEAR!

ARE YOU BETWEEN THE AGES OF 14-18? DO YOU HAVE A PASSION FOR LEADERSHIP, PERSONAL GROWTH, AND MAKING A DIFFERENCE? JOIN THE RACE TO BECOME THE JBAB, AND EVEN THE NATIONAL, YOUTH OF THE YEAR!

STEP 1

ESSAY SUBMISSION DUE: OCTOBER 4, 2024 Candidates must submit four essays on the following topics:

TAYLOR R.

- My Club Experience
- What Matters to Me
- Personal Growth
- My Military Youth Experience Essays will be read aloud to your peers.

STEP 2

PANEL INTERVIEW **NOVEMBER 15, 2024**

STEP 3

FINAL SPEECH DECEMBER 13, 2024

Prepare for a 15-minute personal interview with a panel of judges. Showcase your achievements, experiences, and aspirations!

Deliver a powerful speech based on the content of your essays. Speeches must be no longer than three minutes.

Registration & Complete Details at the **Youth Center**

202.284.3193











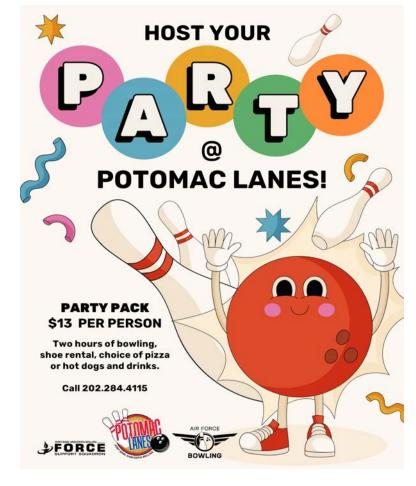
























Sign up before 6 Sep and receive 1 FREE additional card for each game!









202,284,3990



GRAND PRIZE • VALUED AT \$1,095!

11th Force Support Squadron

OKTO BER FEST

BRATS - PRETZELS LIVE MUSIC!

Featuring
The Edelweiss Band

Dust off your Dirndls & Lederhosen.
Prize for the best dressed!



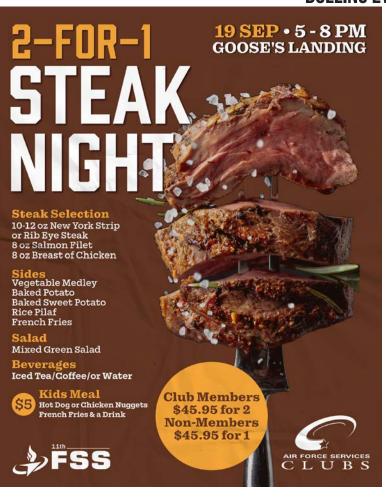
Bratwurst plates with Potato Salad, Sauerkraut, and Pretzel. \$10 Club Members. \$12 Non-Members. A la Carte Brats & Pretzels available. 16 oz Spaaten Beer \$6





COME GET SOME.

BOLLING EVENT CENTER







JOIN THE BOLLING CLUB

BECOME A MEMBER AND SAVE!

These deals, and many more, are yours when you become an Air Force Club Member!









Scan here or navigate to myairforcelife.com/club-membership/

*Annual payments can be made at the Bolling Club









FITNESS & AEROBIC CENTERS









FITNESS & AEROBIC CENTERS





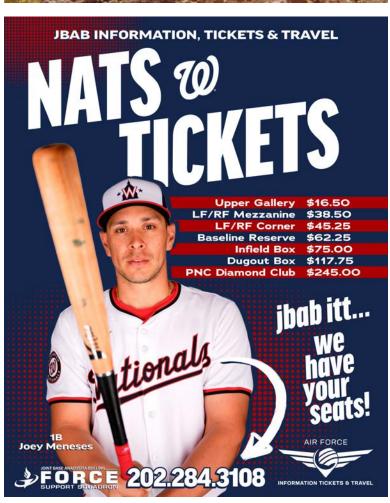




OUTDOOR RECREATION & INFORMATION, TICKETS & TRAVEL









JOINT RECREATION & INNOVATION CENTER



PING PONG TOURNEY 5 SEP · 4 PM



MOVIE NIGHTS 6, 13, 20, 27 SEP · 5 PM FREE POPCORN!



CHESS TOURNEY 18 SEP • 4 PM



HORSEBACK RIDING 21 SEP • MEET AT 1230 \$15 · SIGN UP AT JRIC



HELLO, FALL FEST! 25 SEP • 4 PM ARCHERY, RACING SIM + MORE!





DORM DINNER 25 SEP · 5 PM · PRIZES!

FREE SHUTTLES: BLDG 3619: 4:35pm & 4:55pm Honor Guard Barracks: 4:45pm & 5:05pm





The J.R.I.C. is open to all Single & Unaccompanied Military, E1 - E6 Need Volunteer Hours? Call us!



QUESTIONS? CALL THE JRIC: 202.284.3900



Calendar

Free Dinners start at 5 PM in the J.R.I.C. (Bldg 72). Open to Active Duty Military, E-6 and below.

BARRACKS HONOR GUARD BUILDING 3619 SHUTTLE 4:45PM & 5:05PM 4:35PM & 4:55PM



Joint Recreation & Innovation Center





















OCT

NOV



Meals provided by the JBAB Chaplains and prizes sponsored by USAA.

NO FEDERAL ENDORSEMENT IMPLIED











11th FORCE SUPPORT SQUADRON HOLIDAY HOURS

| 30 AUG FAMILY DAY | 2 SEP FEDERAL HOLIDAY | HOLIDAY HOURS CLOSED REGULAR HOURS |
|------------------------------|------------------------------|--|
| | | Aerobics Center |
| | | Bolling Club |
| | | Capital Cove Marina |
| | | Child Development Centers |
| | | Civilian Personnel Office |
| | | Community Center |
| | | Development Advisor |
| | | Education Center |
| | | Engraving Shop |
| | | Fitness Center I |
| | | Fitness Center II |
| | | Fitness Center 24/7 Access |
| BRUNCH 10 - 1 DINNER 4 - 6 | BRUNCH 10 - 1 DINNER 4 - 6 | Furnari Restaurant |
| | | Information, Tickets, & Travel |
| | | Joint Recreation & Innovation Center |
| | | Library |
| | | Frame Shop |
| | | Military & Family Readiness Center |
| | | Military Personnel Flight |
| | | Outdoor Recreation |
| | | Pool |
| | | Potomac Lanes |
| 11 AM - 4 PM | | Resource Management |
| II AM - 4 PM | | Slip Inn Waterfront Restaurant Wood Shop |
| | | Youth Center |



